

We would like to  
**WELCOME** all of  
those who have  
joined our  
Shaklee family!

MAY, 2008

Volume 4

# SHAKLEE NEWS

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**CONGRATULATIONS** to  
**Dorine & Virgil Loecken**, Minnesota  
*Our Newest Director*  
We are proud of their achievement!

## THE CONFERENCE CALLS ARE A SUCCESS!

We are continuing our weekly telephone conference calls that anyone can call into and ask questions. The half hour conference call will begin at 9:00.a.m. Central Standard Time.

So you can put them on your calendar the dates will be:

May 17- ADD / ADHD- Children's Health issues

May 24 -Allergies/Asthma

May 31 -Depression

June 7 -Skin Problems

(Psoriasis, Acne, Eczema)

We hope you can join us for these informative sessions!

To participate you need to call the conference dial-in number: **(712) 432-1699**

The participant access code: **766232#**

We will talk for approximately 20 – 30 minutes and we will have question and answer session after wards.

**Participant Feature Keys:**

\*6 if you want to ask questions.



## Helping Children with ADD & Hyperactivity

Here is a very interesting testimony on an alternative to drugs with children who have ADD & hyperactivity.

**The reason nutrition works is simple. Any time you take a drug there are side effects. When you rebuild the body with nature, it will be done a little slower but without the side effects.**

**We have had very good results with children taking Protein, Children's Vita Lea, Herb-Lax, and Opti Flora pre and pro biotic and B-Complex.**

For the past eight years our oldest son has been diagnosed as mildly mentally retarded, hyperactive and having an attention deficiency

disorder (A.D.D.). We had not. After talking it over, we decided there would be no harm in trying. So the next day we started him on B-Complex, OsteoMatrix, Protein, and Herb-Lax. By the second day we noticed a change. About a week later we went to his school to see how he was doing. Before we could ask, his teacher wanted to know what had happened because the change in him was like night and day. He was sitting still, concentrating and getting his homework done at school. You don't know how good it was to hear such complimentary things about Tony!

Our Shaklee Director asked if we had ever tried Tony on Vitamin B- Complex. We

had not. After talking it over, we decided there would be no harm in trying. So the next day we started him on B-Complex, OsteoMatrix, Protein, and Herb-Lax. By the second day we noticed a change. About a week later we went to his school to see how he was doing. Before we could ask, his teacher wanted to know what had happened because the change in him was like night and day. He was sitting still, concentrating and getting his homework done at school. You don't know how good it was to hear such complimentary things about Tony!

**Mary Ann Simon, CO**

# S.M.A.R.T. Shaklee Micronutrient Advanced Release Technology



**Shaklee Vitalizer** is protected by 12 patents and 2 patents pending. The difference is that you are getting the greatest technology available in the vitamin world. Folic Acid has to be absorbed in the stomach so Vita Lea is coated with folic acid which dissolves before it gets to the upper intestine. The rest of Vita-Lea is absorbed in the upper intestine which is where most of the nutrients are absorbed in our body.

**Caroto Max, Vitamin E, and Omega Guard**, are

all pH activated enteric coating protects from stomach acid for release only after reaching the upper intestine.

**Vitamin B & C Complex** also are coated so they are pH activated and are proven to maintain blood nutrient levels over 12 hours.

**Optiflora Probiotic** has a Triple-layer encapsulation that protects the active cultures through the stomach for release in the lower intestine.

**Here is the great part. If Crohn's Disease**

you put Vitalizer on Auto Ship, you save an additional 10% so member net pricing would be \$69.95

If you purchased a 30 day supply of everything that you get in Vitalizer in individual bottles, you would pay \$104.55 MN.

So if you had Auto Ship you could get Vitalizer, Protein, and Nutriferon for \$133.45.

You will notice an increase in Energy level, increased immunity system, appearance of skin, hair, and nails, and ability to manage stress!

*I had Crohn's disease for 14 years and was almost always on Prednisone and 12 Sulfasalazine per day. They would reduce the pain, but not the diarrhea. Dietary changes didn't help much.*

*By the 13<sup>th</sup> year, I was very broken down and could not gain weight. I normally weigh about 100 pounds. Because of stress at my job, my colon became inflamed again. This time the meds didn't work. I weighed only 87 pounds and was in bed every day, all day, except to run to the bathroom. I did go to the emergency room when I became dehydrated.*

*My beautician, who uses Shaklee, sent me a Crohn's story in "Ounce of Prevention, Volume 1" and I started the Shaklee regime. I had never heard of Shaklee, but was willing to try anything. After four days, the aching in my body was enough improved that I could sit up for 1/2 hour at a time. In 7 days, I got dressed and took my dog out for a walk. I knew I was getting a little better and had a little more energy. A month*

*later, I went back to the job I had quit 6 months earlier, because of my illness, and worked two hours a day for four days a week.*

*In three months, I was off all of my medications...40mg of Prednisone per day and the 12 sulfa drugs. My doctor told me*

*to keep doing whatever I was doing because it was working. For the first year I was still kind of weak and would tire easily. It's been two years now and I have no symptoms of Crohn's disease anymore.*

*I started out taking 1/4 of a Her-Lax each night before bed. I took 1/2 of what's listed below twice a day for a total of:*

- 6 Tablespoons of Protein
- 6 Vita-Leas
- 10 B-Complexes
- 4 Vita-E Plus
- 8 Vita C SR
- 8 Osteomatrix (Calcium)
- 10 Alfalfa
- 2 servings of Optiflora before bedtime.

*I later added EPA, GLA and CarotoMax because they reduce inflammation and boost the immune system. Because I was so delicate and full of*

*inflammation, I started slowly with the Herb-Lax and eventually worked up to a whole tablet, then two. I then started very slowly with the Fiber Tabs, working up to 5 in the am*

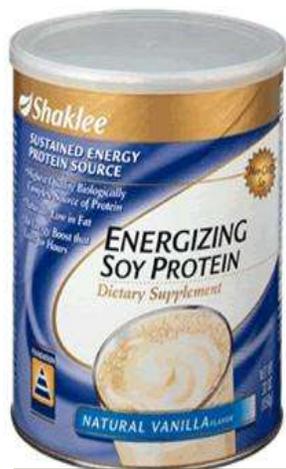
*and 5 in the pm. When I started the Fiber I stopped the Herb-Lax.*

*I eat everything now, except no dairy, especially no milk, no fast food no sugar, little bread, no cereal and no caffeine.*

*I decided to build a business because of a Shaklee Lady at church who watched me suffer everyday and never told me about Shaklee. I went to her and said, "You knew about Shaklee and never told me?" She said, "Well, I didn't know if you would listen to me, so I didn't try."*

*She cared more about herself than me. I don't want anyone to suffer like I did. If I see a need, I tell them about Shaklee.*

**Bonnie Zeman, WI**



## Business Side

Last month we talked all about what all the abbreviations mean, so this month we will talk about how you receive those bonuses.

**To receive a bonus you must purchase \$100 PV in a month. After this criteria is met your total group PV has to be above \$250 PV.**

PV	Bonus %	\$Paid
250	4	10
500	8	40
1000	12	120
2000	16	320
2500	20	500
3000	24	720
4000	28	1,120
5000	30	1,500
7000	32	2,240
10000	34	3,400

Again the important thing to remember is that Shaklee takes care of all of this for you if you order on line. For

those of you that order from the office we PV transfer to your account at the end of the month if you are Bonus Eligible.

We now need to talk to you about the differential in your products. **Remember by signing up you pay Member Net pricing, MN. If you have three people signed up under you, you now purchase products at what is called distributor net pricing abbreviated DN, (15% off MN pricing)**

For those of you that make a business out of Shaklee and maintain 2,000 PV each month there is what is called SN, Supervisor Net pricing. This is the cheapest price anyone can buy Shaklee

at, another 15% reduction in price.

So when you add up the difference from MN to DN to SN pricing this is what is your differential which gets added on top of your bonus in the first column. As your group grows and you get business builders under you, you will get Bonuses for developing those groups who sign up.

- 1<sup>st</sup> Level 7%
- 2<sup>nd</sup> Level 6%
- 3<sup>rd</sup> Level 5%
- 4<sup>th</sup> Level 4%

I will discuss this more in the next issue. So you will understand the entire Bonus Structure!



## Interested in Hosting a Healthy Home Session for You and Your Friends?

Remember in the first issue we said please let us know if you are interested in hosting a meeting? Here is our tentative travel plans so far this summer. We will be in **Washington, Idaho, and Oregon** area in the first part of June. Followed by **Topeka Kansas in mid June**. So if you are interested in hosting a meeting please let us know A.S.A.P.

At the end of June we will be going out to **Johns Hopkins in Baltimore Maryland** for follow up of the National Retts Study that our daughter is in.

We live in Minnesota and drive almost every where so anything within a couple of hundred miles off of our route is fair game.

In August we will be going to **New Orleans to the National Shaklee Convention**. If you ever wanted to learn about Shaklee this is the place to be. Their top Doctors and scientist will be there to answer any questions you may have and you learn about the latest research!

**So what does it really take to host a Shaklee**

information session? You can get several friends together and set a date and we will bring all of the information that you need.

This is a great way for you to start your own group, and work towards getting your products free!

You can let us know what you would like to focus on:

- Healthy Home
- Skin Care / Cosmetics
- Nutrition.

Let us know if we can help you with sharing the wonderful products that can help everyone that you care about!

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## Monitoring if you are getting enough B vitamins



**B complex is known for being the stress vitamin.** Yes, there are over 30 B's that go into this category and Shaklee research has shown that you should always take a B-Complex, rather than isolated B's.

The problem with taking isolated B's is that if you take too much of one it can counter the effects of the other B's. Thus it is better to take them in the form of B-Complex.

The B's are helpful for immune functioning and

antibody production, red blood cells, nerve function and communication, skin, hair, cardio function, cellular function...

**The problem with B vitamins are that they are water soluble which means that they cannot be stored in the body.** On top of this, the B's are destroyed by or burned off by stress, infection, sugar, alcohol, processed foods, and many drugs. Their absorption is inhibited by caffeine drinks, birth

control pills and antibiotics.

**According to Doctor Brouse, you can monitor yourself if you are getting enough B's when your urine is a fluorescent yellow color (not cloudy) in the urine, indicating proper absorption and utilization.** Monitor and keep your urine this color by taking B complex throughout the day.

People that suffer from depression and stress need to increase their B intake on a daily basis.

## B-COMPLEX

## Quick follow up for those who suffer from fibromyalgia

Joint Health Complex\*  
90 capsules / 30 servings

**Puts the Spring Back in Your Step**

Slick as polished marble, tough as vulcanized rubber, cartilage is the wonder

material that protects bones at the joints. No other substance is more resilient, a better shock absorber, or lower in friction than cartilage.

And while scientists have yet to figure out why this joint cushioner breaks down, they are learning how to support its natural renewal process. In a study recently published in the Journal of the American Medical Association, glucosamine, an amino sugar, was shown to promote cartilage formation and renewal.

A great basic program would look something like the following:  
*Vitalizer-Energy*  
*Protein-Builds cells*  
*Nutriferon-Immune system*  
An extra *B-Complex*, taken as needed throughout the day.

*Optiflora* Pre biotic  
*CorEnergy* (3 day)  
*Joint Health Complex* (3 day)  
*Alfalfa* 15-20 a day  
*Omega guard*  
*GLA*  
*Lecithin*  
*Osteo Matrix* 2 in the

morning and 3-4 before you go to bed.  
2 *Herb-Lax* before bed  
If you still have problems sleeping add *Gentle Sleep* into your regimen before you go to sleep.  
This system will help your body heal itself!

## This Months Specials from the office only

**The following specials are available from our office only: Have you ever wanted to start that Cinch diet that helps you lose fat and NO muscle? - The Cinch Starter kit is on special for \$160 limited quantities available. MN price is 189.95**

**CorEnergy= \$29.40- \$2.00 off** Two or Three capsules provide herbal adaptogens & antioxidant phytonutrients that support the body's own ability to maintain energy

and resist everyday fatigue. MN price \$31.40

**Joint Health Complex= \$34.50 - \$2.00 off** Helps build cartilage for enhanced range of motion and flexibility. Supports joint function and facilitates range of motion. Improves the cushioning in joints. MN price \$36.50

**Cinch Meal replacer (Vanilla only) = \$33.95 - \$6.00 off:** 24 grams of protein, powered by Lucien. 35% of the daily value for 21 vitamins and minerals. MN price \$39.95

**Cinch Snack Bar 10pk Assortment = \$16.95 \$3.00 off:** 10 Grams of protein, 120-130 calories per bar provides extra B vitamins for cellular energy. MN price \$19.95

**Basic-H 64oz- Buy one and get the 2 spray bottle packs with directions FREE- (\$4.50 value.)**

For Members who order on-line-from Shaklee. **We will pay 1/2 of the shipping for the month of May and June.**

