

# SHAKLEE



**ENERGY SAVINGS**

## ENERGY CHEWS ... tasty citrus flavor

- Sustains energy and improves performance
- Helps you stay alert and sharpens focus

Each Energy Chew delivers a scientific blend of caffeine from natural green tea extract, plus L-tyrosine, L-theanine, B vitamins, and vitamin D. And there are no artificial flavors, sweeteners or added preservatives you'll find in other energy products.



This is a FREE Health Assessment giving BMI, diet, exercise and nutritional recommendations. This program was a collaborative effort by Mayo, Harvard and other research scientists.

## HEALTHPRINT CONTACT:

## Using My Head .. the wrong way !



“At 64 I had a cycling accident where I ran face-first into a rock wall at 25 mph. I was unconscious, crushed my skull, broke the orbital socket and had air and blood on the brain.

When they got me into the ER the neurosurgeon told my wife he wasn't sure I would survive the surgery and if I did that I would definitely have brain damage. After 9 ½ hours of surgery I'm now held together with titanium plates and screws in my forehead and orbital socket. The surgeon apologized that he wasn't a plastic surgeon and that I would have significant scarring that would have to be corrected later on. He also said that I would need 12-18 months to get back to where I could live a normal life.

But more interestingly, he told my wife that whatever I was doing to maintain my health, to bring it right into the ICU because he had never seen anyone of any age come through that kind of surgery as well as I did. So my wife brought all my Shaklee supplements into ICU (they never let you bring ANYTHING into ICU that doesn't come from the hospital pharmacy, but the surgeon overrode them) from the very first day. I upped my intake, had my Shaklee smoothies 2-3 times per day instead of hospital food, and tripled my OmegaGuard. I recovered so quickly that after 5 days in the ICU they just sent me home and never transferred me to a regular hospital room. The doctors and nurses couldn't believe it!

Because of my healthy nutrition program, including Shaklee supplements, (and lots of prayer) 5 weeks after it happened I was playing 18 holes of golf and felt fine. It didn't take me 12-18 months to get back to normal! I know that had I not been on a great Shaklee nutrition program for years before it happened, I may not have recovered so quickly.”

Rick Seymour

**ESSENTIAL NUTRITION FOR HEALTHY MOMS**

Vitalizer™ Women  
Before, during and after pregnancy

Excellent as a prenatal/postnatal system

Shaklee  
Vitalizer Women  
DIETARY SUPPLEMENT  
30 VITA-STRIPS®

Nutrients clinically proven to create a foundation for a longer, healthier life™ Patented delivery system to help improve absorption.

Comprehensive For:  
• Bone health • Energy  
• Heart health • Immunity  
• Brain health • Vision

**CONTACT ME FOR MORE INFORMATION OR TO GET STARTED TODAY!**

**Shaklee**

## Pre and Postnatal Nutrition

Thinking about having a baby? For all of you ladies thinking about adding to your family....this is for you!

The ideal time to start getting the nutrients needed for a healthy baby is during adolescence, the 2nd best time is during pre-conception and the least ideal time is after you become pregnant. Check out what Dr. Christine Northrup, M.D. had to say about Shaklee's pre-natal vitamin Vita Lea:

**DR. CHRISTIANE NORTHRUP, M.D.** Obstetrician/Gynecologist and author of "Health Wisdom for Women" states that Shaklee's Vita-Lea is the best pre-natal vitamin she has found. She never has problems with her patients becoming anemic like many of her colleagues do.

And the price of Vita-Lea is minimal. It is so important for adults and children to take a good, easily absorbed multi vitamin in order to fill the gaps in the diet to give the body everything it needs for healing and repair (which takes place while you sleep). People who think they eat 'very well' are surprised to find out that minerals and trace minerals are very low in supermarket foods, due to

early harvesting, transporting, and storage. Of all the vitamins on the market, Shaklee supplements are different. They are made primarily from organically-grown vegetable sources, cold-processed to preserve enzymes, and contains exactly what the label states. Not only that, all Shaklee supplements are clinically tested to make to make sure that what is on the label is actually absorbed. Suzanne C.

**Vita Lea + Iron and Vitalizer for Women contain 800 mcg of folic acid, 200 mcg of iodine, and 18 mg of iron. Shaklee Life Strip (latest version): 60% more lutein and 68% more zeaxanthin to support optimal eye health.**



## MARATHON MAN!



Powered by SHAKLEE

### Talk about a powerful “Sports Shaklee Effect”

Hi, My name is Keven and I am a Marathon runner. In my 50's I was running 20 miles a week and completed two full marathons and 10 half marathons. But I could tell I was slowing down, as my endurance and finish times were not what they used to be.

Not wanting to give in to normal age related decline, I switched to Shaklee Sports Nutrition products plus Vivix in 2012. I noticed an immediate increase in energy and stamina. I was able to increase my average from 20 to 30 miles per week, with peak training weeks of 60 miles per week. And I felt terrific! I knew I had found the same performance advantage that Olympic runners use. I kept making

progress and more than doubled my annual mileage, running over 1700 miles per year. Best of all, I reduced my marathon finish time by 40 minutes! With all this added strength and endurance I decided to put Shaklee to a real test.

### My goal: Run four full marathons in four consecutive weeks!

Was I overly optimistic or just crazy? Actually, I felt I was right on target ... so last summer I ramped up my training and scheduled the four marathons in October. With Vitalizer filling my base nutrition and adding Physique, Performance, and Vivix I met my goal! As a matter of fact, after the four marathons I still felt strong and decided to celebrate my accomplishment by running a 5<sup>th</sup> marathon two weeks later!!

### On Your Mark - Get Set - GO Shaklee!

#### NEW BUSINESS LEADER: Channy Khou

##### Tell us a little bit about yourself?

I am married with two children — a boy, 13, and a girl, 16. I came to America, from Cambodia, in 1994.

##### What did you do before starting your Shaklee business?

When I came to the U.S. from Cambodia, I had very little formal education. But I went to a community college and earned a certificate in Cosmetology and began working as a hairstylist in someone else's salon. In 2004 I bought my own salon.

##### What made you interested in doing something else after owning your own salon?

Although I had been making a decent amount of money as a hairstylist and salon owner, I didn't want to do it until retirement. So I had been thinking a lot about changing careers.

##### How did you get introduced our industry?

I first learned about this business model in 2013 when someone introduced me to another opportunity. And I was making good money with the company.

##### So why make the move to Shaklee?

In July of 2014, I met my future upline, Joan Ek at a Christian women's retreat and she told me about Shaklee. Initially I wasn't interested, because I was with the other company, but eventually I sponsored as a Distributor to help her out. My intention was just to be a customer and use the products.

##### How did you go from being just a product user to building a business?

After I got my products, Joan's upline, Nary Vin, asked to come to my salon to talk with me more about Shaklee

products and the income opportunity. She also shared some stories of people who had been

transformed by Shaklee products. I was really impressed after seeing so many photos of people whose

lives had been changed. But I didn't make the decision to build a business until I saw Shaklee products work in the lives of my family members – including my natural-born skeptic of a husband!

##### How have things changed since you decided to build a business?

Shaklee has provided me with the opportunity to eventually transition from my current profession to something better, something that I enjoy and am delighted to share with other people — a chance to improve their lives. I am proud to say that many people, whom I have been able to share my story with, have had similar positive experiences with Shaklee...and many have joined as Members or Distributors as a result.

##### What advice would you share with those who want the success you have achieved?

Treat every failure or success as a lesson and find out what the lesson is meant to teach you.





## Enfuselle Skin Care

"I am not kidding, this stuff WORKS! For the first time in my life, I feel comfortable crawling out of bed and walking out the door. No one would know that I was up all night with the kids. My freckles have faded, my skin is SO soft, and the fine lines around my eyes are almost gone" Sarah

In 28 short days, and just three minutes of Enfuselle Nutrition Therapy morning and night, you'll notice your skin looking younger – guaranteed. Clinical studies confirmed:

- 665% increase in skin firmness
- 421% reduction in the appearance of wrinkles
- 88% reduction in the appearance of fine lines

Shaklee Cleaners WORK!



Before

After Basic H2  
(Degreaser Spray)

### BASIC H2

Windows  
less than 1 cent  
All-Purpose  
3 cents  
Degreaser  
20 cents



## HEALTHY BEAUTY

Skin and hair care from a company that knows nutrition, inside and out



It is Time for your Skin to  
take it's Vitamins!

Shaklee has applied 60+ years of scientific nutrition research to develop the MOST ADVANCED THERAPEUTIC SKIN CARE SYSTEM IN THE WORLD!

With Shaklee Enfuselle, it's like aging 10 years in reverse. According to one of the scientists ... "The results are so dramatic, that you can look one person directly in the face and tell which side of the face has been nourished with Enfuselle Nutrition Therapy Skin Care from Shaklee.

And it is 100% Satisfaction Guaranteed or your money will be refunded, so you have nothing to lose when you choose to experiment with these revolutionary products.