

August

2014

# Shaklee News



## Herb Lax to The Rescue

This week my son was in and out of the hospital with severe abdominal cramps. They did ultra sound, blood tests, X-ray and the only thing they found was a lot of stool, they recommended an enema.

Long story short... over the course of 3 days my poor 15 year old had 2 enemas, 2 suppositories, 3 days of stool softeners, 1 over the counter laxative with – NO results.

Last night I said to him, "just try my Hereb-lax and see what happens". He was desperate and agreed even though prior to this week he wasn't able to swallow a pill. He woke up after taking them last night and nothing! I was in a panic and told him we are heading back to emergency. We were getting ready to get in the car and boom, his stomach starts gurgling, he makes a run and what do you know.... SUCCESS!

Vicki S.

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## There are 3 key approaches for Allergy Relief



2. Restore Digestive Tract
3. Remove Toxins from your environment

### Vitalizer

"Vitalizer is the most advanced multi-nutrient supplement in the marketplace today with bio-optimized nutrients clinically proven to create a foundation for a longer, healthier life. \* Vitalizer is the powerful and

convenient approach to complete supplementation providing the best spectrum of vitamins, minerals, an oxidants, anti-aging phytonutrient, omega-3 fatty acids, and pro biotic, all in one daily serving. • Custom formula created specifically for today's healthy active person • Patent-pending delivery system designed to enhance absorption of key nutrients • Based on 12 clinical studies and a first-of-its-kind Landmark Study.

### NutriFeron



clinically proven blend of immune-strengthening plant extracts. When used daily, it increases the production of your body's natural interferon, a critical activator of the immune system. NutriFeron works at the cellular level by rapidly activating your immune system's defenses.

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## Inflammation is the root of many health

Dr. Carsten Smidt reviewed the results of a study he conducted to test the anti-inflammatory qualities of VIVIX after consuming the 910 calorie junk food breakfast from Burger King (sausage, fried potatoes croissant, eggs). Dr. Smidt knew that such a meal causes "massive Inflammation" in the body.

**Inflammation is a major contributor that leads to Heart Disease, Diabetes, Obesity, and Cancer.**

After eating this meal, one group received VIVIX and the other group received a placebo.

**Results: 3 hours after eating, those who took VIVIX had NO INCREASE in inflammation ----- in fact their inflammation was reduced!** The placebo group who did not take VIVIX saw a dramatic increase in inflammation. VIVIX turned on all of the cell's mechanisms for protect on against inflammation.

### Bad Bacteria

The same results were seen in the tests done to determine if VIVIX had the power to decrease the bad bacteria caused by

such a meal. This bad bacteria is also called "endotoxins". With VIVIX, the bad bacteria decreased. Without VIVIX, the bad bacteria increased dramatically.

### Muscular Energy

VIVIX ingredients have also been proven to increase mitochondrial energy or muscular energy, at the cellular level. The mitochondria in each cell produce ATP (Energy in the cells that powers our muscles). As we age this ATP production declines. VIVIX turns on energy metabolism which increases ATP at the cellular level.



## Energy Needed

I am a Captain in the US Army deployed in Iraq. I am writing this testimonial as a *thank you* to Shaklee and as a message to anyone seeking a healthy means of energy during the day. As the ISF Officer for the 130th Engineer Brigade, I am constantly

coordinating with US and Iraqi organizations echelons above and below my unit. All this coordination translates into long hours in front of a computer and sitting in non-stop meetings; often times struggling to stay awake and focused. I have only used Shaklee's

Energy Chews for a week, yet on the first day I took it, **I noticed not only an immediate boost of energy but also enhanced clarity of thought and increased motivation.**

*CPT Ryan P.*

## Inherent Essential Tremors



I am 72 years old and have had essential tremors since my early 30's. The shaking and tremors became so bad that I had to quit my job as a lab technician in 1989. In high school I could type 60 words a minute; for the past 15 years in order to type. I had to hold my right index finger with my left hand and type one key at a time. At times, the tremors were so pronounced that I had difficulty eating and

drinking, but I made a really good "tossed Salad." I have faithfully used Shaklee supplements since November of 1998 and added the Vitalizer when it was introduced. I also take CoQHeart twice daily along with B-Complex. While these supplements impacted other areas of my health, they never really helped my tremors. This Vivix was introduced and everything changed!

In a week and a half, I noticed the tremors/shaking lessened. After three weeks on Vivix, my tremors/shaking were minimal! I have to learn to use my hands again- I have to learn to type again with all my fingers! I was hoping a change would occur in two to three months on Vivix, but never expected these results in three weeks.

*Ann C.*

## Allergies Helped

*Susan K. and her son, Riley, suffered from allergies for many years. Their symptoms were most severe during spring and fall allergy seasons, but as time went on, they needed to be on the medications all year long. Riley's symptoms were the most severe. He had **constant sinus congestion, red itchy swollen eyes and nose**, and he felt miserable. Even after 2 ½ years of allergy shots, he still required Zyrtec and Nasonex nasal spray. They helped symptoms so they were manageable, but he never felt allergy free. Susan was introduced to the*

*Shaklee products that help strengthen the immune system.*

*Within 6 to 8 weeks, Susan was so much improved that she was able to stop her allergy Medication completely.*

*Riley, whose condition was more severe, took 3 to 4 months before symptoms subsided and he was able to eliminate the medications. Both Susan and Riley were able to reduce the number of supplement tablets as their immune systems got stronger. Today during allergy season, if*

*symptoms return, Susan and Riley simply increases their vitamin levels and add Shaklee Premium Garlic and Alfalfa.*

Susan and Riley, 16 years old, began with:

**Optiflora** Probiotic Capsule (because 70% of the immune system is in the colon)

**Vita Lea** Multi

**Vita C** Sustained Release – 2-4 a day

**NutriFeron** (herbal extracts that help the body produce a key component of the immune system (interferon) naturally 2-4 a day.

# Allergy Relief continued from page 1



Alfalfa has a storehouse of nutrients. Its taproot reaches down as deep as 20 feet, searching out nutrients and minerals from deposits in the soil, while its leaves gather large amounts of chlorophyll through the natural process of photosynthesis. Alfalfa helps with asthma, allergies & arthritis it's a



## Optiflora

Restoring the digestive tract is key. Did you know that 70% of your immune system lies in your gut? That's just astounding! Providing your gut with the proper bacteria to fight off the bad bacteria is essential for your immune system to work properly. Not only will it help your immune system but it will also provide relief from bloating,

## Remove Toxins

Removing toxins that are found in basic household cleaners, will impact your health in a very significant way. Our Get Clean line is: -- Non-toxic --  
Leaves no harmful residues --  
Safe around children, animals and sensitive adults  
-- Biodegradable --

Outperforms leading natural brands

## Did You Know This?

## STAINED COFFEE & TEA CUPS

Put in the Dishwasher 1/2 Tsp. of Shaklee's Dish Wash Powder and 1/2 Tsp. of Nature Bright. This removes the coffee or tea stains on the cups. *M. Shurr*



**ANTS** We have nasty ants and when we see a hill of them, we grab the Basic H2 and Basic G. Put 1/2 Tbl. Basic G and 2 Tbl Basic H2 in a 16 oz spray bottle, add water and spray. Ants don't like it at all. *June O.*

## NON-TOXIC WEED KILLER

Mix 1/2 gallon Vinegar, 1/4 cup table salt, 1 Tbl. Basic H2 and put in a spray bottle. Spray weeds thoroughly. Safe to use in yards around children and pets.

# Why Kelly, owner of Custom Services (Cleaning), loves Shaklee.

"Not knowing any better, my first year of business I was using commercial non-green products. Every day when I came home from work I could barely breathe. My sister, a nurse, told me that if I continued using toxic products I could seriously jeopardize my health. This thought encouraged me to "go-green". About 2 years ago I was introduced to Shaklee and am very satisfied with the products for the following reasons:

- Get Clean products are more economical saving me approximately **\$4,000.00** annually.
- Get Clean products are more effective than any other commercially advertised products I have used including both green and non-green products.
- Get Clean products are safe on all surfaces including wood floors. I use only 1 tsp. of Basic H2 in one gallon of water.
- Because they work better and faster, Shaklee products save time (at

least 15 minutes per house) so it saves my clients money too.

- Shaklee products are truly green. Many other so-called green products still contain 1 to 5 toxic ingredients.
- If I have little cuts and scratches on my hands, other cleaners would burn, even vinegar burns, but Shaklee products do not burn, and neither I nor my staff need to wear rubber gloves. *Kelly Quinlan*

One bottle of Basic Germicide is equivalent to **256 bottles** of Liquid Disinfectant



# Eczema



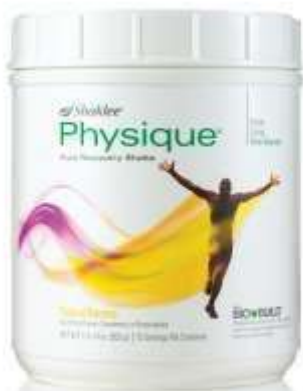
Before      After

“Shortly after her birth, our daughter Reese we noticed a “rash” on the back of her arms, then behind her knees, and suddenly, it appeared on the right side of her face. At her three month check up, our doctor informed us it was eczema, and not to be worried or alarmed. She wrote us a prescription for steroid cream and that was

that. While this did put us at ease, her case got worse, especially on her face. I started to research before I filled the prescription. I was mortified!! Some side effects included permanent discoloration to the skin pigments, and could penetrate soft thin skin and get into the blood stream. I turned to

Shaklee. We started giving her the **children’s vitamins, Alfalfa and Optiflora**. We bathed her with **Shaklee cleaners** and used the Shaklee **Fresh Laundry liquid**. She was 3 ½ to 4 months when we started this whole process. **Within THREE days, her face was almost completely clear!**

## P90X® + Shaklee = Success



I have been using the P90X workout program for the past two weeks now, and I would like to share how Shaklee has aided me in my personal fitness. The workouts used by P90X are extreme; they take a huge amount of energy out of the body. I make sure to take Physique immediately after working out, to replace what the body has

lost. There are many protein powder workout supplements on the market, but they will not give the body all of what it **NEEDS**. The body needs Carbs along with Proteins to synthesize the protein into the muscles; without Carbs it will not find the nutrients needed. If you look at many protein powders out there today, you will see a huge

amount of protein, but the carbs are sadly lacking. What this means is that the powder will not aid you in muscle reparation, because the body cannot make proper use of the protein you are giving it. This is why I use Physique - it has the protein I need to recover, the carbs needed to synthesize that protein, and it tastes delicious too! *Josiah D*



**“Your Future will be exactly what you decide to make it.”**  
*Dr. Forrest C. Shaklee*

**There is ½ off shipping at the beginning of every month the from the 1<sup>st</sup> through the 7<sup>th</sup> for on-line orders.**

Does your company where you work right now offer you the opportunity for unlimited pay increases? A car

## Extra TidBits

payment and a travel plan for those who grow their business exceptionally. We have flexible hours. You can be with your children when they need you. It is as simple as Shakleeizing your home and sharing the wonderful products with others who Shakleeize their

home. The best part of all is that we all complain about that boss who doesn’t understand. You get to chose who you work with and help them fulfill their dreams- it is truly a business that helps others! Please let us know if you have any further questions?

