

Optiflora Needs Assessment Candida Symptoms

History of:

Antibiotic usage, especially broad spectrum drugs
Birth Control pills or Steroids
Mood Swings & irritability
Cravings for sweets, breads & alcohol
Problems in moldy areas or on muggy days
Sensitivity to perfumes, chemical odors, etc.
Being *really* bothered by tobacco smoke
Athlete's foot, fungus infections of nails & skin
Repeated pregnancies

In Infants:

Diaper rash that is worse in the skin folds
Thrush or white patches on the inner cheeks of the mouth
A white coated tongue
Excessive genital touching
Frequent ear infections

In Children:

Thickly-coated or patchy white tongue
Red ring around the anus or rectal area
Itchy genital area leading to frequent touching
A chronic hair or foot odor
Bloating abdomen and bowel complaints
Frequent infections and particularly of the ears & tonsils
Muscle aches and/or weakness

In Adolescents and Adults

Frequent fatigue, lethargy & drowsiness
Frequent infections
Frequent feelings of "spaciness"
Poor memory
Inability to make decisions
Bloating, belching or intestinal gas
Muscle aches and/or weakness
Recurrent skin problems
Pain and/or swelling in joints
Depression
Abdominal Pain
Loss of interest in sex
Endometriosis or infertility
Prostatitis or impotence
Anxiety attacks or frequent crying
PMS
Mucus in stools
Rectal itching
Constipation and/or diarrhea
Excessive vaginal discharge or itching
Pelvic pain
Burning or white-coated tongue
Rash or blisters in mouth
Dizziness/loss of balance/coordination
Pain in tightness in your chest
Spots in front of your eyes
Blurred vision

For More Information:

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Optiflora

Healthy Colon

Think of your colon as a garden in which there are both flowers and weeds.

Flowers are the friendly microflora (beneficial bacteria) which needs to be present in high enough concentration to keep the weeds, the unfriendly microflora (harmful bacteria) in check. When the number of weeds (unfriendly microflora) gets too large in proportion to the number of flowers (friendly microflora), the health of your colon is compromised and you may find yourself experiencing some of the symptoms listed to the left of this panel.

What causes an Imbalance between the Beneficial and Harmful Microflora?

Antibiotics: The most common cause of microflora imbalance is the use of antibiotics. Antibiotics kill both the beneficial and harmful bacteria in our bodies. Following a course of antibiotic therapy, women often experience yeast or urinary tract infections, children suffer from diarrhea and infants suffer from oral thrush and diarrhea. These health problems result from the destruction of the beneficial microflora and the accompanying overgrowth of yeast (Candida). Most of the people in the United States ingest far too many antibiotics because they are over-prescribed and are now present in our food. Farmers feed antibiotic to cattle and poultry on a daily basis; these antibiotics are then passed on to us in the food we eat and the milk we drink. The only way to restore the balance is to feed our bodies the beneficial microflora (Optiflora) on a daily basis, especially, when on a course of antibiotic therapy.

Age: The proportion of beneficial microflora decreases with age.

Poor Diet: A low-fat, high-carbohydrate, high-fiber diet promotes the proper balance of intestinal flora. Unfortunately, many people in the United States do not follow this type of diet. Children, in particular, seem to avoid the foods that keep the unfriendly bacteria in check.

What is Optiflora?

Optiflora is a unique, two-product system that provides dietary support for the normal, healthy balance of intestinal flora.

Product One (Prebiotic): A unique of complex carbohydrates that provides the nutrients that help the beneficial, intestinal microflora to thrive, therefore, contributing to long-term colon health. Also includes gamma tocopherol, a nutrient associated with colon health.

Product Two (Probiotic): Provides guaranteed delivery of live, beneficial microflora to the intestine. This Probiotic includes the two, most important forms of intestinal microflora-Bifidobacterium longum (commonly known as bifidus) and Lactobacillus acidophilus (commonly known as acidophilus).

What are the Health Benefits of Shaklee Optiflora?

- Reduces the symptoms of Candida listed to the left
- Helps prevent colon cancer
- Improves digestion and absorption of nutrients
- Helps restore normal bowel function for those suffering from constipation and/or diarrhea.

What Makes Shaklee's Optiflora Special?

It is the only product on the market that can GUARANTEE LIVE DELIVERY of the beneficial microflora to the intestine! Other products only guarantee live cultures at the time of shipping and they deteriorate rapidly over time and when exposed to stomach acid. The protection of Optiflora's ingredients is due to the patented, triple-encapsulation technology used.