

VIVIX Testimonies



Slows Aging at the Cellular Level

Ingredients make VIVIX 10X More Powerful Than Resveratrol Alone.

VIVIX Published Clinical Study 5/11
Journal of Clinical Endocrinology & Metabolism



A 30-day supply of Vivix delivers the equivalent amount of resveratrol found in 3,000 GLASSES OF RED WINE

Updated 2011 to Include Testimonials from People Who Are

DIABETES TESTIMONIAL: As you know, I am diabetic with all the problems that go along. One of my greatest fears is losing my legs as my grandfather lost his from diabetes. I suffered **severe neuropathy** in both my legs and feet. In addition to that, I had 3 stints put in my left leg last summer and was diagnosed with **PAD**. I was experiencing severe leg cramps nightly. Hardly a night went by when I wasn't awakened by them and had to jump out of bed and walk around. This would happen several times a night.

Since taking Vivix, I have not been awakened a single evening with a leg cramp. So wonderful! And I can feel my toes again. They no longer feel like wooden appendages down there. Bless Shaklee and Vivix! I now experience full nights of restful sleep.
Cathi S. Lindall, CPA

INHERENT ESSENTIAL TREMORS: I am 72 years old and have had essential tremors since my early 30's. The shaking and tremors became so bad that I had to quit my job as a lab technician in 1989. When in high school I could type 60 words a minute. For the past 15 years in order to type, I had to hold my right index finger with my left hand and type one key at a time. At times, the tremors were so pronounced that I had difficulty eating and drinking, but I made a really good "tossed salad".

I have faithfully used Shaklee supplements since November of 1998 and added the Vitalizer when it was introduced. I also take CoQHeart twice daily along with B-Complex. There was very little improvement. I started taking VIVIX on August 23. In a week and a half, I noticed the **tremors/shaking had lessened**. Now, at THREE WEEKS of VIVIX, my tremors/shaking are minimal! I have to learn to use my hands again—I have to learn to type again with all my fingers!!!

I was hoping a change would occur in two to three months on VIVIX, but NEVER expected these results in three weeks. Anne Campbell

ARTHRITIS PAIN: I'm a person who has used Shaklee vitamins as well as their business plan to improve all elements of my health profile since 1985. I am now 72 and have been experiencing an elevated amount of joint, muscle and back pain. It has grown over the past several years to aggravating proportions effecting sleep and most movement. I was using up to 16 Pain Complex tablets a day to control this growing pain. It worked to quench the pain but the pain itself showed no signs of letting up.

Then, in early August, Shaklee Corporation introduced VIVIX, a fabulous new longevity tonic with resveratrol and super-grape extracts. I actually began taking Vivix while attending the convention in New Orleans.

It is now September 15th and I'm pain free! I take NO Pain Complex. I use the Prescription for Health products recommended by Dr. Jamie McManus in addition to Vivix...one teaspoon a day. It's great to be able to move again without pain anywhere.
Martha Maxwell

CANCER STORY: Let me relate a story I heard today about a woman who had cancer 10 years ago and refused chemo and decided to go the natural route using Shaklee and other alternative approaches. She has done extremely well for many years. When Vivix came out her friend told her about it ... she sent the information to her doctors and normally they would send her an email response but not this time! They called her and told her to, "not walk, but RUN to get this product and start taking it immediately!"
Lorri

SARCOIDOSIS..COPD...INFLAMED LUNGS, BONE PAIN: Hi Anne, I wanted to put into words what you and Shaklee have done for me. This past spring I found myself dealing with a flare up of Sarcoidosis. This is, as you know, an auto immune disease that, in my case, caused long bone (not joint) pain and most troubling, breathing difficulties. The disease caused calcium deposits called **granulomas** to stiffen my lungs, so constricted airways was not the trouble, it was inflamed lung tissue that did not want to expand as it should resulting in shortness of breath as well as coughing.

This affected everything in my life. I was unable to even go for walks without being out of breath. I was so frustrated. Thanks to the gift of your friendship and true concern and the wonderful health and nutrition products from Shaklee, I was able to get the Sarcoidosis into remission within about six months.

Now the first time I suffered with **Sarcoidosis**, which was in 1999/2000, the disease took a course of one year before it went into remission. This time, though, I truly believe that by introducing Shaklee nutrition into my life, I was able to shorten the duration of the illness. The drug of choice used to treat Sarcoidosis is Prednisone. For anyone not familiar with the drug, it reduces inflammation but along with that it has some terrible and serious side effects such as bone pain, fluid retention, insomnia, and weight gain, to name a few.

I began taking a variety of Shaklee supplements specifically chosen to support and **rebuild my immune system** such as Vitalizer, Alfalfa, Immunity Formula 1, Core Energy, Omega Guard, Zinc, and the Pain Relief Complex.

Although I still had to continue with the oral Prednisone in order to breathe comfortably, the supplements began to help me rebuild my damaged cells. I also chose to eat as organic as possible and went green in my home by using Shaklee cleaning products and laundry products.

Anne, with your help, I began to realize that the medical world does have its place without a doubt, but it was up to me to monitor my own health, learn how different foods affected my health and to remove any chemicals that could possibly be a contributing factor in relation to the return of the Sarcoidosis.

Truly, nothing that I was doing regarding my choice of foods (I avoid preservatives in foods), choice of cleaning products and choice of natural supplements could hurt me ? these things could only help me support and strengthen my immune system as well as protect it from unnecessary chemicals. What could I possibly lose??

The support the supplements offered soon enabled me to reduce my Prednisone dosage to 20 mg per day from 40 mg. I took no other pain relievers except for the Shaklee Pain Relief Complex. Around the middle of July I was able to go off of the Prednisone (I had to do this slowly) and began taking an inhaled steroid, Asmanex. I no longer needed the Pain Relief Complex as I had no pain!!!!

Shortly after this, Anne, you introduced me to Shaklee Vivix. **NO JOKING HERE...**within about one week my lungs started to feel better. I experimented by taking the Asmanex only in the morning, I cut out the PM dose (I had done this before, but immediately had to go back on the evening dose due to breathing difficulties).

After four days without my PM dose, I finally called you, Anne, and my family cautiously excited that the Vivix had made a huge difference. I had a follow up appointment with my pulmonologist on Sept 16th.

He said that based on the NORMAL levels of inflammation in my blood work and the IMPROVED FUNCTIONING of my lungs, that the Sarcoidosis was in remission again.

I was so elated and thankful! **I no longer take any steroid medication. yeah!!** I truly believe, Anne, that a strong faith, loving family and friends along with supporting my immune system with the supplements and the amazing Vivix, that I was able to win my battle against Sarcoidosis. Thank you and thank Shaklee for making an amazing and healthy difference in my life. God Bless, Jeannie Burgess

BACK, SCIATIC, SHOULDER PAIN: I am so excited to share with you what has happened to me since I started on Vivix. I need to give you some history to understand my story. 35 years ago I **cracked my tailbone** when I fell off a snow tube. I have had trouble with my tailbone off & on ever since. Two years ago I started on my weight loss program & cracked my tailbone again while exercising. This time it affected my sciatic nerve. I was in terrible pain. It hurt from my waist clear down to my toes. The chiropractor also told me that my lower disk was deteriorating. I have never experienced pain that intense! I had a lot of **trouble sleeping** at night. When I sat I had a shooting pain go down my leg. It would go numb if I sat too long.

During this time **I lost 40# with Cinch** and I know that helped. I tried to stay as active as possible & used a lot of Shaklee food supplements. Over time it got a little better but I still had trouble sleeping at night.

In April I changed health clubs and tried a new exercise machine. I knew I was in trouble when I started the exercise. I immediately felt a terrible pain in my lower back and my sciatic nerve was "HOT" again! I slowed down on my exercising a little but didn't stop. Nights were the worst. My lower back felt like it was going to break in two. It was very hard to get out of bed. When I finally got out I was very stiff & it took a couple steps to get moving. I looked like an old lady. I started taking Advil to help relieve the pain so I could get some sleep at night.

Then in June I was pulling in the boat anchor & hurt my shoulders. It **hurt really deep in my shoulder muscles**. I use to sleep on my side with my arm under my pillow. I couldn't sleep on my side due to my sciatic nerve pain & now due to my shoulders. I only got a couple hours of sleep a night due to the pain so the Advil increased. I was very discouraged because I didn't know how much longer I could deal with the pain & lack of sleep. **This happened daily until I was introduced to Vivix.**

I started on Vivix on 8-9-08. About 2 wks later I noticed that the weights at the health club didn't seem as heavy and I wasn't as tired after my workouts. Then on 9-8-08 I noticed I **slept a little better**. It continued each night & my pain got a little less. On 9-11-08 I woke up on my side with my arm under my pillow! I could hardly believe it. I finally told my husband what had been happening since Sept. 8th. I didn't want to tell anyone for a week just to make sure this wasn't a fluke. The back breaking pain is gone! **My sciatic nerve pain is gone!** My shoulder pain is almost gone but I can still sleep on my side. I am **sleeping again** at night! I would never have believed that this could have happened just by adding Vivix! I haven't had Advil since the 8th. Thank you Shaklee!!! My husband & I both have Vivix on autoship because we don't want to run out. I just ordered another box of Vivix to keep on hand "just in case". This is an incredible product! Jim has noticed more energy & clarity of thought since he's been on Vivix.

Suzanne Flemming

STROKE RECOVERY: A massive stroke 3 1/2 years ago (doctors attribute to my irregular heartbeat-- I believe it was stress) attacked my right brain (& basil ganglia) leaving my left side totally unavailable and the right brain majorly stressed, reactive, & depressed. Never totally giving up, taking handfuls of Shaklee supplements, exercising, listening to motivational cd's, getting Brain Gym balances, regular chiropractic care, etc., my progress was evident to those who knew me, including my doctors. But what they didn't see was the exhaustion and struggle it took.

Then along came Vivix, August 15, less than 6 weeks ago. First I thought it was probably the placebo effect, but today I can tell you a few of the things I KNOW have changed.

BALANCE--so bad in the past that one of the many falls landed me under my rolling car, crushing my right leg, though not the bone. My balance has improved so much I now climb stairs, carrying something in EACH hand, and not even holding onto the rail.

ENERGY--so different now I can do 30 minutes on the treadmill, noting my improved heart rate & instead of having to take a nap.

FOCUS-- I am experiencing now more blood sugar balance and longer attention spans--just finished reading a whole book in a couple of days and, most assuredly, I am making an A in the Spanish class (where my classmates & teacher are @ 1/3 my age). So I would say my mental acuity and memory are enhanced as well!

ATTITUDE—LIFE IS GOOD! I woke up this morning, like most others since starting on this magical stuff, full of vitality & optimism, and happy.

Thank you, God & Shaklee! I have my life back,
Sylvia Greene

VIVIX vs. HIGH BLOOD PRESSURE: I have high blood pressure that is controlled by a diuretic and beta blocker combination medication. Usually even with medication my systolic ranges between 129-138 and my diastolic between 75-83 and my pulse would range anywhere from 80-91 (rarely dropping below 80).

After five days on Vivix™ my blood pressure was 111/69 and pulse 59. The only thing different that I have been doing prior to this low reading is Vivix™.

The past few days, my blood pressure seems to be consistently around 122/73 and pulse 70. That's pretty pleasing to me. I hope to eventually be able to come off all medications.

I do supplement with magnesium and CoQ10 to counteract what my blood pressure medication causes in nutrient deficiencies, but I'd rather not have the stuff going through my system.

I have not been on any other medications, not changed my diet any and my exercise level is still around 7500 steps a day. Overall, I seem to have more energy and am better able to concentrate. I would recommend that you take Vivix™ in the morning so you can get the benefit of more energy throughout the day.

Genia Powell

BASAL CELL CANCER and DIABETES: In October of 2007 I was diagnosed with a Basel Cell carcinoma (skin cancer) on my left shin.

The Dermatologist cut and scraped it out and asked to see me again in 6 months. In July of 2008 the lesion had not healed and appeared to be even larger. We scheduled a surgical procedure to remove the entire lesion including going as deep as needed and excising healthy skin all the way around (about the size of a quarter).

In August I began using VIVIX. 4 weeks later, I went for the surgery and the **cancer was essentially gone!** I've been a dedicated Shaklee nutrition user for many years and VIVIX was the only difference in my supplement program.

Ed has been **diabetic** for many years and on insulin for a number of them. He has struggled for a long time to get his A1C levels below 7 (these levels are measured every 6 months and are more important than the daily sugar levels to determine how well you are managing your disease).

After 4 weeks on VIVIX his regular check-up indicated his **A1C levels have dropped from 7.2 to 6.6**. We're expecting even better results at the next check-up!

Ann & Ed Mangelsen

AGE SPOTS AND PAIN: Although I've been on an excellent anti-inflammatory supplement and diet program for over ten years, I've still had some aches and pains that just haven't gone away. I've been using Vivix for about two weeks now (since it came out) and have had tremendous relief of all of the achy pains that used to plague me! I'm especially relieved not to have pain around the arthritic **bones spurs** I have on the joints of my spine and hands. This is a blessing in and of itself. However the other day, I got a phone call from a friend of mine who started using Vivix when I did. She said her age spots were going away. "What!!!! Hold the phone!" I said. It looked like mine were lighter too!! Now several days later I can say for certain that some of my spots are gone and the rest are much, much lighter. I'll bet they'll all be gone within a week. I'm also noticing much more energy and I've been sleeping better (less pain). **Better sleep, more energy, no pain and no spots!!!** Hip Hip Hooray for Shaklee!

Dr.Sandy Bevacqua

VIVIX & DIVERTICULITIS: Mary Ann Tregnago reports: "I am a medical transcriptionist; I have diverticulitis, which had become burdensome to say the least. I have been using Shaklee products and I know they are good. A week ago today I started taking one teaspoon of Shaklee's new product, Vivix. During the past week I have not had one episode of explosive symptoms, no left-sided **pain** or cramps. I do believe it is safe to say that Vivix is helping."

RAPID HEALING TESTIMONY: "Gary started on the VIVIX Wednesday, August 8th. The 13th he had dental surgery to prepare for a tooth transplant. The 22nd he had a follow up visit and the dental surgeon called in some of his staff to show them that the healing process looked like it had been 4 months instead of just a few days!

He said he'd never seen anything like this before and was calling his Mother-in-law who's in Shaklee to get started on the products! Gary's 67 and has taken Shaklee for 34 years!"

Phyllis & Gary Newman

ABILITY TO FOCUS: Began using Vivix Saturday morning and by Monday noticed a marked improvement in my ability to focus on one task at a time through the day. This has always been an issue for me; beginning one thing after another and having difficulty completing any. Even with using Mental Acuity Plus, I still had some degree of difficulty. I'm absolutely amazed that I've been so **clear-headed, focused and energetic** this week. Viva Vivix!!! Susan Stephens

CHILD WITH BRAIN CANCER: I spoke with Megan's dad yesterday, and he told me that it was one year ago to the day, November 19, 2007 that they rec'd the news that Megan, age 7, had brain cancer and her prognosis wasn't good. So the journey began the poking, prodding, chemo therapy, bedside vigils, etc. They were introduced to Shaklee and they started little Megan on **Nutriferon** and Children's Vita Lea. She began to show some improvement. However, Todd told me that the **real tipping point** came in August with the introduction of Vivix; they began the daily Vivix, 1 tsp per day. Megan has shown remarkable progress ever since.

The neurosurgeons at the Mayo clinic told her parents that the type of tumor that Megan has DOES not shrink, not with chemo treatment. They were in disbelief when **Megan's tumor was almost undetectable**. Todd totally attributes her amazing progress to prayers which are so powerful but also to Shaklee's Vivix along with the **Nutriferon** and vitamins.

The hope that he and his family have again is beyond words. I still find it very difficult to put what I heard in his voice into words. Todd touched me to the very depth of my being. This is why we do what we do, we are able to give people hope when they have none. God Bless, Jeannie Foster

NOT STIFF OR "OLD" LOOKING: Phil Truelove shared an awesome story with us .. has had many injuries over the years, and OmegaGuard, etc. have really helped the stiffness, pain, etc. that he has had to live with.

BUT since Vivix he can get right up out of bed without being bent over (fell off a ladder-years ago), he can walk down the stairs without holding on to both side rails--he is not stiff or "old" looking as he walks.

Linda Dietz

FIBROMYALGIA: A fibromyalgia client on **Vivix, Vitalizer, and Cinch** shakes for 4 days reports: "I noticed I **slept really well** last night for the first time in many weeks. My **pain has lifted some and my energy level is starting to increase.**"

April Simmons

NO MORE PAIN MEDS: “Tom and I have been on the Vivix for 1 week and 2 days and after about 5 days Tom noticed that his **ankles no longer hurt**. He had broken them both as a youth playing sports. Tom is 65 and **arthritis** hit his ankles this year. He had to get up and take pain meds so he could sleep.

After taking Vivix for just 5 days he no longer needs pain meds to sleep.”
Nancy Douglas

TREMOR IS GONE: My brother in law who is 75 and recently had some physical problems, got a strong tremor of his right hand— he started Vivix, his only Shaklee product—and **within a few days his tremor is gone** and he is writing normally again! He is duly impressed and thankful. Linda Dietz

TORN ROTATOR CUFF: Lynn S., from Georgia reports the following ... “Tears come to my eyes as I write this. Shaklee has brought out a product that is unlike anything I have ever seen. Two years ago I fell and **tore my left rotator cuff and ripped the ligament off the bone in my left thumb** (I am left-handed). Three months later the doctor operated on the thumb and re-attached the ligament to the bone. Six months after that, my other doctor operated on my shoulder. When I woke, he told me that when he got in there he found **“frozen shoulder”** so he cleaned up the area a little, but wanted me to use the arm immediately or I would never get full range out of it again. Two years later I still have pain in my shoulder and it hurts to lift it totally straight to my ear. My thumb is always sore and the joint is swollen at the knuckle and also hurts in the joint above it.

I have been on Vivix for a week now. I was driving down to see one of our daughters who is in college when I realized that my **thumb did not hurt and that the joint was not swollen!** I almost ran off the road I was so startled with this realization. This was two years of discomfort that I thought I would have to live with for the rest of my life. (At 57 that was not something I looked forward to). I can’t wait to see what else Vivix restores in me! Remember, it works at the cellular level. I have already noticed that my fingers don’t feel so “tight” in the morning when I wake up.
Praise God & thank you Shaklee!!”

LICHEN SCLEROSUS: I have had this problem for over **5 years** and was diagnosed by a friend who is a nurse practitioner with lichen sclerosus over 3 years ago by having a biopsy. They recommended an ointment to apply twice a day. It relieved some of the **pain** and got it sort of under control, but never really helped that much. I still had a lot of redness and sores inside and out, which was very uncomfortable during intimate times with my husband. I just learned to bear the pain, but my husband was very frustrated; he thought I needed to find another doctor that would fix it. I just never felt comfortable looking for a doctor that I could trust. They said I would have this for the rest of my life and I would just have to learn to keep it under control.

Well low and behold -- **two weeks after being on VIVIX all the sores and pain went away**. I just thought I was imagining it and it would probably come back, but it's been 3 months now and I'm still pain free with no sore.

I wasn't expecting anything like this to happen by taking VIVIX, but I think every woman needs to know about this in case they may have the same problem I had. This is definitely a miracle of a product, and I don't want to ever be without it. Jean

BROWN SPOTS & SPUR GONE: I can't believe that Vivix. I had a couple of light brown spots that showed up on my face a few months ago and was considering seeing a dermatologist to have them checked. **After just 10 days on Vivix I noticed they were gone**. Also the couple on my hands are fading fast. But the absolute best testimony I have after three weeks on Vivix is the following:

I developed a **spur in my big toe** four years ago after I stepped wrong and got a hairline crack on the side of my foot. I eventually couldn't move my toe even a fraction. The doctor called it a 'stiff toe' and said it was a spur. He said my only solution was surgery and wearing ugly shoes the rest of my life. The pain was horrific for months. I couldn't even stand a sheet on my toe.

As soon as the doctor said "spur" a light bulb went off. I remembered hearing years ago that Shaklee calcium was the only calcium that broke up arthritic spurs while other types may cause them, so I knew I had to increase my Shaklee calcium and alfalfa. Within 3 days the spur was dissolving, but I developed a lump on the bone above my toe which continued to cause me some pain. I eventually could wear one inch heels as long as the shoe wasn't too tight. I had to buy shoes 1/2 size larger because of the sore. That was definitely better than the doctors only solution of surgery and 'ugly shoes' but it just wouldn't heal completely.

Then "Vivix" came along. I had taken it for 2 1/2 weeks when I noticed the lump was gone and no more soreness. I wore 2" heels this week for the first time in four years and was pain free. I still had some crystallization in my big toe, but I noticed that is completely dissolved now and I can wiggle my toe perfectly and bend it up, which is probably why I can wear the high heels now (the spur and lump are both completely gone). If I really push where the lump was there is still a slight soreness, but I'm sure that will be gone soon.

I am so excited. Thank you Shaklee for this unbelievable product. I had no idea it would help with such a problem. I've missed so much not being able to wear heels as I'm short and they just make me feel more feminine, plus I'm pretty tired of the pain. I was just taking the Vivix to become younger, like we all are. Viva Vivix!

I also have a friend in Shaklee who said her **bunions** are gone and her **husband's dark shadows on his face are practically gone**. I don't understand how this works so quickly. It's almost scary, but in a good way. I think Shaklee is going to be receiving some truly amazing testimonies as a result of this product. I think we've only touched the tip of the iceberg. I just had to share this with someone. Mary McGaffic

ENERGY TESTIMONIAL: *Bill is Professor and Provost at Bexley Hall Theological Seminary in Columbus, OH*

Dear Priscilla, One year ago I was feeling generally worn down and tired all the time, feeling the need to take frequent naps. My energy level was at an all-time low. In my work week, Tuesdays were especially difficult. The day started with a 6 a.m. wake up and at work by 7:30 a.m. which from then on was relentless: meetings, worship, more meetings, choir practice, quick lunch, teaching all afternoon, a quick break for a bite of supper, and then a three-hour once/week meeting of another course I was teaching. When I reached my apartment at 9:30 p.m., I was beyond tired. Every fiber of my being was exhausted and I had all I could do just to get ready to fall into bed. The crowning blow was not sleeping very well and only for four or so hours.

This year is different. Tuesdays are absolutely the same schedule. And, although I reach the end of the day tired, I am **not exhausted beyond belief**. I am able to **walk home with a lively step** rather than feeling that my feet are lead weights. I am **sleeping better** and longer and I awake ready to face the new day with renewed energy. **What has made the difference?** I have been taking my spoonful of Shaklee's new product, Vivix, every day since August 15 ! Bill Petersen

PLANTAR FASCICULITIS: For the last 6 months I have been suffering from **chronic severe pain** in my left foot which has been diagnosed as a plantar fasciculitis This is an **inflammation of a ligament** which runs from the heel towards the large toe. The pain has been so intense that for the last 3 months I have been using a cane to walk. I had to buy new shoes and to put my foot in a cast every night while sleeping. I can't take anti-inflammatory or pain meds so I just had to suffer.

After reading the information about Vivix, I ordered some and began taking one teaspoon a day last Monday. I couldn't believe it but last Wednesday (after 2 days!), I put down my cane as I **could now walk without severe pain**. By Friday I had very little pain and today I have NO pain. **Just one week and I am pain free**. Unbelievable! For any skeptics out there, all I can say is it worked for me and if you have chronic pain you should try this.

Rick Navarro, Ph.D.

BULGING DISCS & BACK PROBLEMS: I have had bulging discs and back problems on and off for a good many years, but with chiropractic and massage and a successful regimen of supplementation, I have been fortunate enough to stay off all meds and keep the **pain** at bay for the most part, although it always seemed to return to some degree of severity. I had to be careful not to lift anything heavy, or twist in the wrong way or sit too long or the chronic problem would return.

In January of this year, I did something really stupid! I started to jump-rope in an effort to get some additional exercise. Not a good choice with two compressed discs. Walking and swimming is great, but no impact exercise!

On the fourth day I ended up with three herniated discs and in so much **pain** that all I could do was crawl around on the floor for about 10 days. I had an emergency visit to the orthopedic surgeon, who put me on bed rest, anti-inflammatory's (which I took for about 2 weeks) ice packs and he then recommended I return to my chiropractor for long-term treatment with the caution that as long as I responded well and behaved myself, I'd not need surgery.

After about 3 months of frequent treatments and model behavior I had recovered well enough to take a trip to England. I continued to improve over the next few months except for a chronic ache in my right hip and groin which often flared up for no apparent reason and refused to go away. It would temporarily improve with a chiropractic adjustment or therapeutic massage, but always returned after a few days. I figured I'd just have to put up with it since there seemed no permanent solution.

Enter Vivix! What an amazing product! **After two weeks of taking Vivix, the chronic ache in my groin and hip disappeared** entirely and despite my expectation that it would come back as usual - it has not! Not even a twinge and the only thing different was adding Vivix. Today I visited my chiropractor and I was able to check the box that said "no pain". He examined me thoroughly and I waited for my usual adjustments but to my amazement, he told me that I was in complete alignment and he could see no reason to adjust me as I was doing so well. I was thrilled! I've NEVER had that happen. Naturally I gave him literature on Vivix. I have also noticed **increased energy and endurance** both physically and mentally and I am so much more focused. I truly feel younger and healthier. Anthea Tripp

LYME DISEASE: I have spent the past 4 ½ years very sick. I had unknowingly contracted Lyme Disease from a tick bite while I was hiking in Lake Tahoe Nevada. A few weeks later I began to feel tired, had flu like symptoms and my neck was extremely tense. Lyme Disease never crossed my mind since those types of ticks aren't supposed to live in the area. At the time I was practicing Traditional Chinese Medicine and thought I was just overdoing it since I had just sold my practice in Arizona and had moved to Lake Tahoe with my husband and was starting a new practice. I had been rock climbing for 11 years and had always been active, but when I announced that I was selling my practice, my patient load doubled... "I'm just tired", I thought. I decided to make an appointment with a woman I knew practicing Homeopathic Medicine to see if she could help me. To make a very long story short, she did not. Turned out she didn't have a license and had never been to school, she was ordering homeopathic equipment through her husband's chiropractic practice. She ended up injuring me to the point of a near death experience. That was January 2004, I was 29 years old at the time.

It's difficult to describe the state I was in but to give you an idea, things we take for granted like speaking and breathing were exhausting to me. A few too many minutes on the phone and I would pass out. Needless to say, I closed my practice. I had been to 16 doctors, 8 western and 8 holistic. I was finally diagnosed with 3rd stage Lyme Disease and Adrenal Fatigue by my 16th doctor, years later. She believed that my mitochondria had been damaged by the "Homeopath" but didn't have a good answer on how to fix it.

The Lyme Disease had gone into my brain and nervous system and I could not walk or speak. I had become confused and was unable to do simple things like turn on a light switch, shower or cook. My parents had to come help us. After being treated for both the Adrenal Fatigue and Lyme Disease over a period of 1 year and 8 months, I was well. I still had trouble with my memory and re-learning was difficult for me. I only remembered tiny bits about Chinese Medicine and any time I would try to read or re-learn something, it would be gone in a matter of days.

I believe that switching to Shaklee products helped me recover as fast as I did. Most people with 3rd stage Lyme Disease take years to recover or they don't recover at all. **Going green and switching to Shaklee vitamins (Vitalizer) made a huge impact on our lives.** However I was still tired quite often and **only had about 4 or 5 hours of energy in me a day. Then Shaklee launched Vivix!!!** This was my turning point. My first day taking it I was on the go during the Shaklee Conference from 6:45am until 12:30am, dancing the night away! As my day got longer I seemed to have more and **more energy.**

By the 3rd day of Vivix I had my most clear conversation in years. Someone asked me about Chinese Medicine and some health problems they were having, usually I would have to tell that person that I don't remember much about Chinese Medicine. But not That Day! The next thing I knew I was doing an impromptu assessment and diagnosing her, it was all clear to me!!

On my 5th day of taking Vivix I happened to have an appointment with one of my holistic doctors and he said that Vivix is "bringing me back to life" and "making drastic changes in my body". How Exciting!!! I feel AMAZING! The best way to describe how I feel is to say I feel the way I did before all of this happened to me.

I could not have written this even a month ago. I'm Back! I am grateful to Shaklee and am excited to feel alive again! My husband and I have our lives back! Not everyone who takes Vivix will be as sick as I was, but imagine the possibilities and the impact it will have on those who really are just overdoing it. G. Mariko Frederick

ATRIAL FIBRILLATION: I was diagnosed with Atrial Fibrillation four or five years ago. At one point it was so bad that my heart almost NEVER was in normal rhythm and **I hardly had energy to do anything!** I was actually considering going into the hospital so the doctor could load 4 "bad" drugs in hopes that they would control it. I decided instead to put myself into God's hands, instead of the doctors' hands, and He healed my heart! I give HIM all the credit and glory; because overnight my heart changed from almost always beating wrong to almost always beating right. It's the "almost" part that I want to address... because, even though there was no doubt that God had done a work in healing my heart, I still occasionally had episodes now and then that were scary.

I was concerned that perhaps Vivix might trigger an irregular heartbeat and asked one of our Shaklee scientists whether that was a possibility. The response was that I possibly could experience a great improvement in heart function. And that is exactly what has happened! **Since I started taking Vivix, I have not had a single episode of A-fib!** Not once has my heart been out of perfect rhythm! Jenny Williams

CARPAL TUNNEL/SLEEP/HOT FLASHES: I have been taking Vivix for about 3 weeks now. I took Gentle Sleep each night as I have Carpal Tunnel in both my wrists from past years of waitressing. I had to wear wrist braces to sleep, and I still would wake up thru the night with pain in my wrists, and also was waking with hot flashes. So I increased my Gentle Sleep to 5 tablets a night, then I slept good, and no longer had hot flashes, as long as I took 5 each night.

Well, Gentle sleep was put on back order for months, and thank goodness that Vivix arrived!!! From the first spoonful of Vivix, I slept all night, and no hot flashes.

After just a couple days of taking Vivix I noticed that my wrists weren't hurting at all any more, so I decided to stop wearing my braces at night, and now, they no longer sit on the table by my bed, they are permanently in the closet thanks to Vivix, I don't have hot flashes, I don't have to wear my wrist braces, and my wrists don't hurt anymore. I also have noticed, that I don't have the aches and pains all over my body like I used to have. I have **less headaches**. Just feel good all over.

A little over 6 years ago **I suffered a stroke**, I was very fortunate on my recovery despite my problems that I have, I feel my balance is a little better, and I'm sure there are more things that are at work in my body with Vivix that more time will prove to me, and it's all to the wonderful VIVIX!! Oh, not to take away from Gentle Sleep, but I no longer need to take Gentle Sleep with Vivix! It's like a miracle syrup, just a spoonful a day, keeps aches and pains away!!!

My husband, after hearing me brag about Vivix and knowing that I no longer wore wrist braces to bed, and took **less medicine for body aches & pains and headaches, and no longer took gentle sleep and sleeping good** ... decided to give it a try!

Well, just after one week, he is hooked, and it's hard to convince him on any product. He is a **Steel worker, so has lots of aches and pains**, and he is one that has never slept good, waking up every night every hour, or at the least every other hour. He is **sleeping all thru the night now for the first time**, and says that already his joints and body does not ache like it used to ..., **only after one week**. His saying is, "I don't know how it does it, but that stuff works" I can't wait for more time to go by to see how we are feeling and looking after taking it longer.
Joanne & Aaron

CANCER: This year has been a journey for our family. I look back and see many blessings despite hospital stays and doctor visits from April through September.

On April 4th, my husband Ron had **a small tumor removed from his rectum** which came back positive for cancer. More tests were ordered, and during those tests, an **abdominal aneurysm was found**. On June 18 he had the surgery to repair the aneurysm prior to having the rectal surgery for the **colostomy**.

In mid-August we met with the colo-rectal surgeon who indicated that the pathology report showed the tumor had invaded the rectal muscle and the margins were questionable. Their recommendation was to have the colostomy to be sure the cancer was completely removed, however we had the option of first having a biopsy of the area where the tumor had been removed. On September 16th the doctor called telling Ron that there were no cancer cells in the biopsy.

Ron had not been using any Shaklee supplements. With the first pathology report in April, I set **Nutriferon** on the kitchen table and explained the product, telling Ron he should **start taking six a day**. I also gave him Optiflora, Carotomax, and Vita Lea Gold with his prescription medications. In August we started using Vivix daily.

At the time of the biopsy in September, Ron had been taking the supplements since April and on Vivix for six weeks.

Where did the cancer go?? The surgeons cannot explain it. It was there but it is gone. I think back to Dr Shaklee saying **"Give the body what it needs and it will heal itself."** This has been my prayer since last April. Ron questions "Was it the Vivix?" but continues to ask for the Vivix every morning and he faithfully takes the Nutriferon and the other supplements.

I thank God and Shaklee that the cancer is gone. I am also thankful for the surgeons who were willing to do more tests before doing more surgery.

Jan Cruise

NEUROPATHY: From Lisa Stocker's associate: First let me start by saying I have been a **type 1 diabetic** since I was 17, I am now 52 so that's 35 years being insulin dependent. I have had some diabetic complications, but the worst would be. NEUROPATHY, it's where your nerve endings don't seem to "talk" to each other in the correct way. First, it makes **you feel like your foot or hand has fallen asleep, but the pain gets to feel like someone is sticking thousands of pins in your hand or foot. The easiest way to explain the pain is when your hands are real cold and you run them under hot water, but the pain lasts 24/7.**

Well I was put on a drug called Neurontin, which has some very negative side effects. Dan talked to me about Vivix while I was in Cincinnati for Riverfest last labor day, and said our mother was taking it. I never gave it a second thought as **I never believed "natural" medicines could outperform prescription medications....** While visiting my mother recently, I discussed Vivix with her and she gave me a bottle to try.

Keep in mind that with Neurontin I still had Peripheral pain, but with Vivix within 6 DAYS the pain was almost gone. I slowly weaned myself off the Neurontin and have been virtually pain free. I have other diabetic complications that my body is responding positively to Vivix and may have more testimony in the future.

Paul

DEMENTIA: I was diagnosed with early onset **dementia** 6 years ago at the age of 57. With the Shaklee products I take, the doctor said I was doing great. However, even though I was “doing great”, I had **poor sleep**, was a grizzly bear in the morning, not much energy during the day and didn’t look forward to doing things!

However, after **Vivix, I have a new clarity** that had been missing for a long time. I also have much **more energy** and **sleep better** and now get up in the morning – eager to get busy! This is a **TREMENDOUS difference for someone with memory problems**.
Linda Berton

EYESIGHT: My sister has been using VIVIX for a couple of months. She is a wildlife artist & told me yesterday that she didn't need her reading glasses as much when she is painting up close in detail!
Barb Heller

HIGHER METABOLISM: My VIVIX testimonial is that it seems to have **increased my metabolism!** I am able to eat more like a regular person and still stay thin (in fact I've lost about 3 pounds), instead of eating like a bird and working out all the time!

One of the David Sinclair videos on You Tube shows him saying that the **ingredients seemed to offset obesity** in laboratory rats even on a high calorie diet! I'm definitely not on a high calorie diet, but like I said, I seem to be able to actually eat regular amounts now. Barbara Heller

SKIN MORE YOUTHFUL: My skin has been very dry, and getting worse, for the past several years. My husband said my forearms looked like tanned leather. The **skin was thick, dull, and very dry, in spite of using Enfuselle** facial moisturizer on them. If I scratched my arm even slightly there would be a white mark and skin would flake off. I had assumed it was just a sign of age and I'd have to accept it and then **came Vivix! My skin is more youthful once again**. Mona Jones

AGE SPOTS & SWOLLEN KNUCKLES: I am a massage therapist and I pay a lot of attention to my hands since they're my working tools. Over the years, I've developed numerous age spots on both hands. I also have sun damage on both cheeks (on my face).

Anyway, I noticed something different with my hands on day 3 of Vivix. Yes, they were looser. My always swollen knuckles were looking almost normal. But there was something else going on and I couldn't pinpoint it.

This morning (**day 6 of Vivix**), I looked at my hands and screamed for my husband. He came running, thinking he was going to have to save me from something terrible. Instead, I shoved my hands in his face. **My right hand only had a few age spots on it. My left hand had NO age spots!** I have looked at these spots for years and thought that it was just something I was going to have to live with. Then, I looked at my face in the mirror. The sun damage on my right cheek was a mere shadow. On my left cheek, there was only a little spot. I can't wait to wake up in the morning.

I knew this product was amazing when they introduced it to us, but I never would have dreamed that it would work this fast or have these affects. It's almost scary.

I hope I have many more Vivix stories to tell!
April, 2009 Simmons Ball

SINUS PROBLEMS: I have been taking Shaklee supplements since 1986. One thing that has been a constant was sinus infections with taking antibiotics once yearly . After adding Vivix to my supplement regime, I can honestly say that the **sinus symptoms are gone**. I knew Vivix made a difference after spending the night at my sisters. She has cats and I would normally be taking Claritin after the visit- I had no symptoms at all. Vivix is certainly worth a try if you suffer from sinus problems like I had in the past!
Karen M. Brown

SKIN INJURY: I just want to share what happened last week with my husband and Vivix-- he has been taking Vivix faithfully since I brought it back from New Orleans-- it is incredible that he remembers to do this since I can barely get him to swallow 2 Vita-Lea! He practices a Brazilian martial arts which is very acrobatic, and last week at gymnastics class, he messed up a back handspring and landed on his face on rough carpet. His entire forehead and the bridge of his nose had the most terrible rug burn I have ever seen. He continued with Vivix and cared for the skin injury very carefully over the following week. I thought he would have terrible scarring, but after seven days it is almost imperceptible to see where the large patches of skin had been scraped off. **I cannot believe how fast and how completely his skin healed itself--** and then I realized "Oh my gosh, the Vivix helped repair his skin to this extent!" I have no doubt that he would have had completely different results had he not been taking the Vivix!
Mary Baird

HEART PROBLEM & EXERCISE CHANGES: I have a history of heart problems since my early 20's. My average heart rate was 213 beats a minute for 10 years, called **Super Ventricular Tachycardia**. My heart would pound so hard, you could literally see it. I was always weak, dizzy and light headed. I didn't want to take drugs because of the side effects.

After 10 years of this, I had 2 heart surgeries (because my symptoms kept coming back). I was still having problems - a fast heart rate and feeling weak. I was in and out of the hospital every month for a year –test after test – and they still couldn't figure out why my heart rate was so erratic and fast.

I heard about Shaklee products and how great they were from a friend years before, so I decided to try them. Within 6 weeks of taking the products, it was like night and day for me I was no longer weak and I didn't have to stop at the top of the stairs and catch my breath and my bearings. The **Cinch protein powder** made the biggest impact on my health.... I can't live without it. I had **been told back then that I couldn't have kids** because they would have birth defects due to lack of oxygen. Since being on the products, **I had a baby who is very healthy and is now 11 years old.**

ENTER VIVIX: I've always been an avid exerciser since I was 20 years old –aerobic type of activity and weights. I have a particular machine that I work out on called the gauntlet. I typically work out on it for about 35 minutes. It has taken me 3 or 4 years to get to this level of intensity, otherwise my heart flips and I get weak and have to stop my workout. It takes me a long time to work into another level in my workouts.

In 2 weeks of starting on Vivix, I increased my intensity without my heart flipping and I didn't get that weak feeling. My face used to get VERY red and hot – not anymore! This is HUGE for my heart!!!

Jodi Barnhart

RED BUMPS: My daughter has been taking Vivix since the convention and noticed yesterday that the little red bumps that she has had on the backs of her arms for fifteen years are almost completely gone. She has been taking Shaklee supplements for a long time and this is the first time the bumps have gone away. She has also **noticed that her endurance has gone up for her Pilates classes.** She also finds that her **face looks more rested.** Can't wait to find out what else will happen!

Chris Schmelzer

COLITIS: I suffered for many years from ulcerated colitis - an inflammatory condition of the large colon which produces burning, itching and diarrhea. I watched my diet very carefully and added the Shaklee supplements that are important for healthy digestion along with the Vitalizer.

My condition improved; but as soon as I would eat sugar or any gluten, I would again suffer a great deal of pain and diarrhea.

I began taking VIVIX and noticed that day by day the inflammation was less and less. **All the symptoms associated with the disease were gone in 8 days.**

VIVIX has also given me a great deal of **energy, my brain works better and I feel younger.**

VIVIX has changed my life as I suffered for many years.

Thank God for Shaklee,

Don Mathias

HIGH PSA SCORES: 9-18-08, my PSI was 9.1. I consulting with my sister, who is a Shaklee distributor, I added the following Shaklee supplements to my daily routine of taking Protein and **Vitalizer - VIVIX, NutriFeron, Saw Palmetto, and Immunity Formula I** to boost up my immune system.

On 9-26-08, the blood tests showed a drop in my PSA levels to 6.9, which the nurse said was highly unusual. **My PSA scores had dropped down from a high of 9.1 on September 18th to a low of 3.4 in just 6 weeks!** Plus, my free PSA scores of 28.8% are the highest I have ever received since I started having prostate problems in 2005.

As I started VIVIX on 9-12-08, my doctor was amazed at these rapid changes in my PSA scores. He said that "something was going on," and I educated him on what changes I had made and the benefits of Shaklee's supplements and VIVIX! Now, he doesn't want to see me for another 6 months! Plus, **he said that the chance of this being cancer is under 5% whereas a month ago he said that it was around 20%.**

In addition to the changes in my PSA scores, I am noticing an **improvement in my vision.** Plus, I do a lot of climbing on ladders for my work, and the **pain** in my knees has lessened as well. So, once again, Shaklee has risen to the occasion and made a huge difference in my health!

So, thank you Shaklee for creating VIVIX and all your other great health-improving products!
John G.

NO MORE PAIN MEDS: Tom and I have been on the Vivix for 1 week and 2 days. After about 5 days, Tom noticed that his **ankles no longer hurt**. He had broken them both as a youth playing sports.

Tom is 65 and **arthritis hit his ankles this year**. He had to get up and take pain meds so he could sleep. After taking Vivix for just 5 days, he no longer needs pain meds to sleep.

Nancy Douglas

SWOLLEN KNUCKLE: My children gave me a ring that I have worn for many years on my left ring finger.

For the past five years, my knuckle was **swollen from arthritis** and I hadn't been able to wear the "special" ring. Since taking Vivix for 2 weeks, the knuckle has "shrunk" and I have been able to wear my "special" ring every day. I am Thrilled!

Betty Simpson

ATRIAL FIBRILLATION and COUMADIN:

Five years ago I had a mitral valve replaced and also experienced atrial fibrillation and was put on **Coumadin "for life" to prevent a stroke**. Needless to say I have not been happy about this.

I started Vivix August 16 and have taken it without interruption ever since. As people on Coumadin know, you have to have your blood checked on a regular basis - for me it was usually every 5-6 weeks. **After 7 weeks on Vivix my blood tested too thin**. I need to be between 2.5 and 3.5. I tested at 4.1 (too thin). I was told to go home, have a salad (greens thicken your blood), and come back in two weeks to be checked. In two weeks my blood again tested too thin. I really didn't think too much about it until I went back again in two weeks and again tested too thin. This time my Coumadin was reduced and I was thrilled. The only thing I was doing differently was the Vivix.

I told this to the Coumadin nurse and said I would bring her information on Vivix on my next visit. I went back in two weeks and my blood was still too thin and my Coumadin was reduced again. I gave the nurse my Vivix information and she said she couldn't understand how the Vivix was thinning my blood but "do not stop taking the Vivix."

I am due to go in again Wednesday, Nov. 19, and hope for another reduction in my Coumadin.

Also, I faithfully **take 3000 mg a day of sustained release Vita C and I do not bruise** like a lot of people who are on Coumadin. Kathleen Johnson

HAMSTRING-TORN ROTATOR-CHEST PAIN: I have had problems with my hamstring for about two years and a torn rotator for more years than I can remember. The rotator injury was like someone putting a screwdriver in the back of my shoulder and relentlessly prying. If you want to understand what it feels like, try this. Have someone pinch your skin very hard and instruct them to not let go regardless of your reaction. The **pain** will increase very quickly and intensify the more you think about it, and you will start to feel like you're going to panic. The difference is that you can pull the hand away causing the pain.

I had **secondary pain in my chest causing anxiety like symptoms and palpitations**, which I saw two doctors about. The tests were negative for cardiovascular problems. I would always feel tightness in my chest, I was easily irritable when my shoulder would inflame. I knew the pain in my chest, and the pain in my mind, was to do with my shoulder. It was the thorn in my side that kept me company and preoccupied me while trying to go about my life.

Let me tell you about the **hamstring tendinitis**. It is inflammation of the hamstring tendon as it attaches to the butt bone, or pain and tenderness at the ischial tuberosity. Examples of symptoms are: pain when stretching the hamstring; pain when flexing the knee against resistance; and, a gradual onset of pain following a sprinting session. You may have experienced a groin pull, and if you have, the feeling is similar.

In spite of doing physical therapy and countless chiropractic visits, the problems persisted and really only worsened. **Even with having a background in exercise physiology** and the training and discipline to provide self-therapy, I only aggravated them. I despaired about living with this for the rest of my life. I'm not one to cry about these sorts of things, but I was livid because with everything I've learned and have done to help people, I could do nothing. I've functionally mobilized clients who had total hip replacements, knee replacements, and even had a client who lived in a body cast for two years after having two titanium columns inserted into her entire spine, and fused, and I could do nothing. What I had was very minor compared to that, which was even more frustrating – until I started Vivix.

I started Vivix about two weeks ago, and what is happening to me is remarkable! **After about three days of taking Vivix, I noticed the tension in my chest to ease, and at the same time the muscles in my shoulder and leg started tingling**. I then started noticing

stiffness in those muscles, like I worked those muscles out the day before and I thought to myself, that's strange, I didn't work those muscles. Then I realized that I have not felt this kind of soreness in years in those muscles, and this is the good news. **The reason I have not had this feeling in years is because my muscles could not heal.** You see, when muscle tissue is in chronic inflammation, it's not healing. If you stress inflamed muscle it just stays inflamed and painful. Normally, for example, after you work out your muscles they go through a process of inflammation and then you get the soreness. That soreness has a name which is called Delayed Onset Muscle Soreness (DOMS). DOMS can actually feel good to avid exercisers. This soreness is a very normal response of healthy muscle tissue which occurs one to two days following exercise. My DOMS just took years! And now, every day I feel this nice tingling and the pain lessening.

I am just starting to notice improvements in strength and range of motion as well. It's like I can feel the resveratrol actually working. I suspect that Shaklee put nano robots in with the resveratrol or something. Vivix is truly powerful nutrition.

(Ben is a Clinical Arrhythmia Diagnostic Specialist, Exercise physiologist)

Ben Anderson

]
CATARACTS & EYESIGHT: This is PJ Myers, and for the past 4 years I have had the start of cataracts. The center of my lens on both eyes has been white. The optometrist has been keeping an eye on them. Two years ago I got back into Shaklee. The cataracts didn't get any worse, but they didn't get any better.

However, in mid August 2008 I began taking Vivix regularly and just got back from the eye doctor November 7, 2008. He was shocked to see that **my cataracts are GONE!!** Also, my vision could only be corrected to 20-40 in 2005, 2006.

After joining Shaklee, it was correctible to 20-30. Since Vivix it is now correctible to 20-25. And for the first time in 40 years, I did not need new glasses. My night vision is improving as well. I feel as if my eyes are getting "younger"!! PJ Myers

TOENAIL FUNGUS: My 78 yr old mom has had toenail fungus for years, and nothing would get rid of it...until Vivix! It's **100% gone now.**

Karen Roach

CANKER SORES: Debbie Loveless, is prone to canker sores in the mouth when she is overly stressed—the other supplements have helped, but when Debbie tried **sloshing Vivix around in her mouth** the way Dr. Bevacqua suggested, the next day the **canker sore was gone!**

Linda Dietz

DIABETIC: This is my story and my progress. Early 2006, I was diagnosed as a **TYPE II Diabetic.** January 2008, I had progressed to a moderate diet & exercise program, but my Metformin intake was now at 1500 mg per day and average blood sugar levels of 150 to 160 mg at fasting. After 30 days, I was getting almost no substantial results on 1500 mg per day, so **I switched to ZERO Metformin and replaced this with 2 Cinch Shakes and the 2 Glucose Regulation Complex** per day. Almost within a 4 day usage period, my Blood Sugar levels went to 125 mg per day at fasting and have been maintained that way for 7 months.

At the New Orleans conference, it was stated that **VIVIX has beneficial properties of helping glucose to move quickly into the cells.**

A Type II Diabetic's main problem is that glucose does not enter the cells either fast enough or in the proper amount to give the cell enough energy to do its work. Ah .. Ha ! VIVIX can help the glucose to move more efficiently into the cells which should help my TYPE II Diabetes.

After being on VIVIX for 2 weeks with still taking the Shaklee Glucose Regulation Complex (same product as Cinch 3-in-1 Boost) , my Blood Sugar Levels went down to 85 to 115 respectively with normal variation. I can't tell you what this means as a labeled TYPE II Diabetic. I have **energy**, but more importantly a better outlook to my future.

John Lafferty

Shaklee Order Entry is Hearing Lots of Testimonials:

1. People with white hair, goatees, etc. are having their **hair come back to their original color** (or roots are starting to show the original color coming back).
2. A grandmother talked about her 20 year old **grandson with MS.** For therapy, they have had him swimming in a pool with a life jacket, he has only limited motion. After 6 weeks on VIVIX, he is now swimming a lap without a life jacket.
3. He has had more than a dozen people tell him that their **eyes have greatly improved:** no more floaters, **no more glaucoma**, vision better.

4. He has had many people crying over the phone with joy because they had been in pain for over 25 years and now after being on VIVIX for 4-6 weeks they are **pain free**.
5. There have been people telling him that they have no trouble with their **Crohn's disease** anymore. They feel great, don't need to be around the bathroom and they can eat normal now.
6. There is a 92 year old man whose **skin** is very thin and if he bumped into anything he would bleed. **After 4 weeks on VIVIX he has skin like he did 10 years ago, thick.**
7. People have told him that any **rashes** or weird things they have had on their skin are now gone.
8. Two sisters, who had not seen each other in a while, met face to face and one of them **accused the other of having a face peel because her age spots were gone. It was just VIVIX that she had been taking.**
9. VIVIX has had a major impact on **male and female libido**. Many men have been able to stop taking the little blue pill.
10. Many have reported an **increase in the thickness of the hair** and how healthy and vibrant their hair is.
11. Tom has spoken to a Mrs. Lee for about 5 years. She lives in San Francisco and has **had a stroke** and has been **very depressed**. Because of her stroke and her Oriental background, he has always found it difficult to understand her. After 5-6 weeks on VIVIX, she happily called him up to order and she was **speaking so clearly** that he did not even know it was her.
12. A 92 year old woman owned a horse farm. She had fallen about 5 years ago and has never ridden since because she has been in deep **pain**. She cried all the time and was very depressed because she loved riding and missed it. **After 5 weeks on VIVIX, she now has no pain and is riding again.**

FOURTEEN YEARS of Pain – Gone after SEVEN DAYS on Vivix

Hello – I'm Mary Sue Helke (in my 80's) and this is my VIVIX story.

Fourteen years ago, I was in an automobile accident and my right shoulder was injured. **For 14 years**, I was unable to sleep on my right side in spite of pain medicine and therapy. **If I rolled over on my right side while sleeping, the pain would wake me up.**

After taking Vivix for seven days, I woke up on the 8th day on my right side – PAIN FREE!! Also, I found I was having to move my right arm/hand with my left one because I, on occasion, could not move it otherwise. This is no longer a problem.

Now, if that is the only benefit I received from Vivix, I would have been very happy.

However, these are the benefits I've received since starting Vivix.

My hair is going from silver (which I personally loved) to it's original color – dish water blonde. My black mustache is gone – Yeah! My hair is not coming out as much. I have to file my nails about every 10 days rather than every 3-4 weeks and **one thumb nail which had been much thicker, ridged and splitting is almost healed.** I've lost 2 inches of belly fat.

After sitting – even for a short period of time – or leaning over to pick up something on the floor, the **pain** was so bad, I'd have to stand very still until the pain stopped (if someone asked why I was just standing there, I simply said I was waiting until everything fell back into place!) The longer I sat, the worse the pain. Now, no more pain in my buttocks.

Another thing I am really thrilled about – my legs are so much stronger. I was having to pull myself up stairs using both arms and one leg still dragged. Also, going downstairs was painful and sometimes my right leg would give out while walking.

I dreaded the thought of having to use a cane. My one son said I no longer walk like an old lady, waddling from side to side but **am walking straight**.

I wonder what wonderful things I can't see are going on inside. Vivix proves no matter how old you are (I'm in my 8th decade), it's never too late to look, act and feel better.

VIVIX UP-DATE 11-22-09

LOOK DOC – NO CAVITY! One more benefit from VIVIX. This is unbelievable!! When I started using VIVIX in July 2009, I had no earthly reason to think the cavity in my lower, left front tooth (which was about 1/3rd of the tooth), would be repaired by this fantastic product! If I had even remotely considered that, I would have taken a picture of it.

My dentist wanted to fill it then, but because of another problem I felt needed to be addressed first, did not do so. And, it was not painful...just unattractive.

Am I glad I waited. After 6 months, there is now only a small hairline cavity and I feel certain in another 2 months, it will be totally healed.

No cavity, no pain, no huge dental bill. Hey, I'll drink to that (VIVIX of course!!)

THIS IS THE SHAKLEE DIFFERENCE IN ACTION!

VIVIX UP-DATE 12-24-09 Discovered the black veins covering my ankles are now becoming blue and some already have faded away.

And my **legs and ankles are not as swollen!!!**

And, I've also noticed 2 spots on my left cheek are smaller. I think these are sun damaged from sun coming through car window. Anyway, they are smaller by far and the top one is flat now whereas it was raised.

January 3, 2010 Discovered this morning that my eyebrows are not as white as they were – And food is beginning to taste like it used to. (For months, I have looked for something that has some taste and nothing did!)

January 12, 2010 Read several testimonies from people who suffered from **Crohn's** and **Celiac** diseases and were helped by Vivix. Realized I haven't had an episode of **diverticulitis** since starting on Vivix (was diagnosed with this painful disease 11/08) Boy, you sure don't miss pain.

Little Things Mean a Lot! A Vivix Testimonial by Sam Sewell, PhD

We are so very grateful for the way that Vivix has helped bring about major improvements for so many people since its introduction in August 2008. Many of these stories have been collected and are

published on our health sciences blog “The Natural Advocate”
<http://thenaturaladvocate.blogspot.com/2010/01/vivix-testimonials.html>

Of course big things are happening with Vivix, however my big eye opening experience happened before Vivix was introduced to the public. **I went from needing a heart transplant to full heart health in just two years without drugs or surgery.** Videos explaining that welcome revolution in my life are at <http://ifiredmydoctors.blogspot.com/>

The book we wrote on the subject can be ordered in print or PDF download at: <http://www.lulu.com/content/1575438>

I am pleased to report that since my recovery I haven't had any “big” problems on which to base an extraordinarily noteworthy or astonishingly remarkable Vivix testimonial. I am certain that the “Total Life Saving Regimen” which resulted in the reversal of my heart disease is also playing an important role in the prevention of other significant health problems.

As we age there is a cluster of minor symptoms that most people assume are a natural part of growing old. Using Vivix has caused me to question that assumption. At nearly seventy years of age I have noticed lots of little improvements, and collectively, “little things mean a lot.”

- **Age spots** – A few months after I began using Vivix I got an Email from Dr Sandy Bevacqua reporting that the age spots on her hands had vanished. In July 2008 I had used my computer scanner to make an image of the ‘thumbs up’ gesture. When I looked at that “before” image of my hand I noticed age spots. When I got Dr Bevacqua’s email, I looked down at my hands. No age spots!
- **Dry eyes** – I had adjusted to the reduction of natural moisture in my eyes the last few years by buying several bottles of eye drops at a time and using them every few hours. Since I began using Vivix, the natural moisture in my eyes has returned and I no longer buy or use eye drops.
- **Night vision** – As a former Navy aviator I am very aware of the problems associated with a reduction in night vision. I no longer pilot an aircraft, but I love driving my trophy-winning muscle car at night. I began to notice the symptoms of reduced night vision, and had reluctantly adjusted to no more “midnight rambling.” Since taking Vivix, my vividly sharp “pilots” night vision has returned, and now I am comfortable going for late night cruises, just to hear the purr or roar of my five liter V-8.
- **Aches and pains** – When I was about twenty-five years old I jumped across a small creek while out hunting. I landed on the other side and injured my left ankle. For more than forty years I had experienced chronic pain in that ankle, and a consistent “click” when I did range of motion movements. Since beginning Vivix the click and the pain have completely disappeared.
 - I continued to be troubled by residual shoulder pain from the heart medications, although I had discontinued them over a year before. I realized recently that I am now exercising pain free.
- **Hair darker** – Several people have commented that my gray hair appears darker recently.
- **More restful sleep** – Like many people my age, I was experiencing irregular sleep patterns. Daily Vivix has resulted in more peaceful, uninterrupted sleep at night. I also notice that it

does not take me as long to “wake up” in the mornings, and that my overall attitude is a lot more upbeat.

- **Infections and fungus** – Since I began using Vivix my toenail fungus is gone. Nor have I experienced my usual gum infections for months.
- **Psoriasis** – Since high school I have battled with psoriasis. Since my doctorate is in the behavioral sciences, not the physical sciences, I have lots to learn about health. One of the things I have learned is that both psoriasis and heart disease are inflammatory ailments. The effect of Vivix on my psoriasis is probably the most significant indicator of improved health. I took photos of my psoriasis-inflamed legs. The psoriasis is not totally gone but it is improved so dramatically that the camera can now barely detect the inflammation. When my skin is completely healed I will take new photos and post them on our health sciences blog.

These small improvements are most likely the result of an increase in fundamental overall healthiness. Vivix heals cells from the inside out, so I am not surprised that small solutions are the result of big changes in my body.



VISION Improvement Testimony from Judy Sheehy

I have just found out something incredible that has happened with an eye problem (see below), I was diagnosed with June 07. .. but on Oct 2 08 after being on Vivix since the convention 8-08-08...had **a huge improvement in my vision in the left eye.**

In June 20 2007, I went to the see if I needed bi-focals as the readers I was using were not strong enough...I seemed to have a problem seeing clearly with my left eye...so I thought I just needed a prescription distance and reading glasses...The Dr. after examining me said that I should see a specialist as he thought there was something going on in the left eye...

On June 25,2007 I went to a specialist, Dr. Hessburg at Henry Ford Eye Care Specialist in Grosse Pointe and the diagnosis was, Epiretinal Membrane Macula Traction ,left eye..the vision was 20/200. I did not have Macula Degeneration or Cataracts or Glaucoma...the way it was explained that as we

age the vitreous gel on the eye pulls away and we get floaters etc...some of the cells create a thin film and in my case landed on the center vision of the macula..It is sometimes called a "macular pucker"..

He said it would not get worse OR better..He did say they could do a surgical procedure, called vitrectomy and surgically peel the membrane but said it was a very intricate procedure and not always successful..

Since I am not a fan of surgery, I chose to carry on with limited vision in that eye..the only problem I had was a blurred section but could still see but had to keep my right eye open when I put on mascara etc on left eye because of blurred center vision.

Aug 07, when **Vitalizer** came out at the conference I added it to my already huge list of Shaklee supplements.(I was on the Landmark study) also increased my OmegaGuard to 6/daily along with what I was getting in the Vitalizer.

Got another checkup with specialist 1/08 and there was a slight improvement. 20/100

Saw him again on 5/20-08 and was 20/70 Started Vivix on 8-08-08 in New Orleans.

Had a recheck on 10/02/08 and at his amazement it was 20/45

He was so curious that he examined me several times to recheck to see if there was an error in the figures... this was amazing as it was less than 2 months on Vivix.

I told the Dr. what I was taking and he seemed interested but is still amazed that this has happened when he told me it would NOT get better. I asked him how he could explain the improvement and he did not know...But those of us who use Shaklee know...

I also went down 2 corrections in that eye and one in right when I went for a recent eye glass purchase.

BREAST CANCER

In October, 2006, I was diagnosed with Breast Cancer. I had 2 lumpectomies; went through chemotherapy, herceptin and radiation; also, had a partial hysterectomy.

When I finished the chemo, I restarted my Nutriferon, Vita-Lea, Osteomatrix, and Sustained Release Vita-C, and **6 months prior to my last check up I started on VIVIX** . My physician, who is Head, Surgical Oncology in the Breast department, at **Moffitt Cancer Center, in Tampa, Florida** said my blood work and exam were EXCELLENT!

I asked if they were any closer to a cure for breast cancer.

The doctor said "No", but that a substance has been found to treat the individualized expression of breast cancer, such as, Herceptin for non-hormonal breast cancer. They feel it will prevent the re-occurrence of breast cancer and prostate cancer.

Moffitt has just put in for a one-million dollar grant for a clinical trial of this substance.

When I asked “**What is the substance**”, the doctor said it was **resveratrol!**

I said I have been taking Shaklee’s Vivix (**Resveratrol**) for 6 months; can I be a part of the study?

The doctor looked surprised and said :

“**You’re the first person that we have ever seen that had such great results with resveratrol. Since you’ve been on it already, I will request for you be a patient advocate during the testing**”. If the grant is approved I would be thrilled that I will be helping the **Susan B. Komen Foundation** in this study.

Once you have experienced breast cancer (a disease that has no cure, yet), at every checkup, you can’t help but have an underlying fear. Taking Vivix, **Nutriferon** and the other supplements take the edge off knowing that they may prevent the re-occurrence of cancer.

Barbara W, Seminole, FL 9/17/2009

Diabetes

Go to www.forecast.diabetes.org and locate the May 2009 article about **Resveratrol**: A Miracle Molecule? A New Victory for People with Diabeter” by Erika Gebel PhD

“**Research is finding that a substance called Resveratrol may lower Blood Glucose and even extend life.**”

CANCER

2 1/2 yrs ago, My mother was diagnosed with kidney & bladder cancer...surgery and mild chemo took care of that.

This new cancer started as a **squamos cell skin cancer** in her neck that the dermatologist removed but didn't do biopsy to be sure he got it all...and it seeded deep in her neck behind the carotid artery, then started rapidly growing to size of golf ball.

So the two types of Cancer were not related.

Subject: Cancer - Vivix Testimony...my mom!

I've been waiting for the final PET scan diagnosis to write this...and we got it today. **My mom is cancer-free!**

First, I praise God for His reasons for her to continue living, and I do give him the glory as Master Healer. Second, I'd like to share her nutritional testimony, which I know has contributed to her success.

Mom has taken Shaklee supplements faithfully for 30 years...she was one of my first customers. The last few years, she took **Energizing Protein, Vitalizer, Alfalfa, OsteoMatrix**...sometimes **Nutriferon**...and Vivix since it was introduced a year ago. Both Oncologist and Radiation docs were surprised at how good her nutritional status was during the 2-wk period that she wasn't eating at all before getting the feeding tube, and that she didn't have to be hospitalized the last 2-3 wks of treatments (radiation and chemo) at her age (79).

She was getting 4 **Cinch shakes**/day in the feeding tube, CitriBoost and continued to use Vivix every day after hearing **Dr Bevacqua's CD about how Resveratrol can assist the chemo & radiation to do their job better.**

I approached the radiation doc 3/4 way into her treatments about Vivix, with Dr Bevacqua's CD and other info, and she started slamming it...she'd just been to a seminar where she was informed how bad this supplement is and how it doesn't work. Hmmm...think it was the pharmaceutical companies conducting that seminar?

Then she said to me, "Tell me that you're NOT giving this to your mother during treatments?". I told her "no" because if that tumor didn't get cured, I didn't want her to come back and blame me. But...she did take it every day!

The diagnosis today is that the tumor is 100% gone, and her body is cancer-free. Now she can focus on healing the chemical warfare she's endured over the last few months, and with Shaklee supplements, we have full confidence that will be more speedy than without them!

Thank you, God...and thank you, Dr Shaklee, for creating this line of natural supplements that aids the body in healing. For those of us who don't have cancer, heart disease, or any of the other "biggies", it's all about PREVENTION. Supplementation may not keep you from getting sick or disease, but I'm sure it keeps us from being as sick as long, and helps speed up healing.

Karen Roach
Melbourne, Florida
9-15-09

Uterine Cancer - Oncologist Deemed It A Miracle---Cinch is at the heart of this story!

Is there hope for someone over 450 pounds to lose weight-naturally? That was my question in May 2007. As a home health speech language pathologist, I had allowed myself to make all the wrong choices with my health and wellness. Drive thru restaurants, minimal exercise and mobility, limited quantities of fruits and vegetables contributed daily to my ever-increasing size. Add **extremely high blood pressure** and newly acquired and poorly controlled **diabetes** and I felt as if I was dying; a stroke candidate in the making. **Infertility**, which had long been my greatest health concern, was being replaced with much more serious issues that were all potentially deadly.

However, **May 2007 was a major turning point in my life.** Friends from our church, Oscar and Reina, were looking thinner, younger and healthier. When we arrived, minutes apart, at a Chinese restaurant, I invited them to join us so I could learn their secret! It was the **Cinch Inch Loss Plan** and they detailed the plan for me. Hope...I could feel it, for the first time in many years. This plan fit my lifestyle and I wanted to try it, but after I returned from a scheduled trip to visit my grandparents for Mother's Day. My grandma had turned 90 in January and my great aunt was turning 98 during our visit. I was looking forward to seeing them and eating grandma's famous strawberry pie.

Fortunately, Reina persisted and I purchased my Cinch Starter Kit on May 25, 2007. I was willing to try it for 2 weeks and see how I did! Reina measured me and I promised to weigh, when I could. At over 450 pounds, I knew that finding a scale would be difficult. After the first week, I called Reina and pleaded for more products. I didn't want to run out of my Cinch---It was working!

After I had lost 40 pounds and with a broken left foot in a cast, I decided I needed to visit my doctor and seek guidance.. I felt fabulous and believed he would find my health to be much improved, but I wanted to be a responsible steward of my health. The doctor was supportive, yet cautious. He ordered an array of tests and I returned several weeks later, having lost an additional 10 pounds. I prayed that I would not be required to start any medications and my prayer was answered. My doctor was astounded with my blood test results.

Everything was normal, not great, but within normal limits. Even my fasting blood sugar was 98, borderline high-normal, but much better than the previous 200+ range. My body was healing itself. For my follow up, three months later, I was greeted with a 100 pound weight loss and a fasting blood sugar of 75.

I attended my first Shaklee Convention in New Orleans---August 2008. At that point, I had lost 150 pounds and I had a BLAST! Little did I know that **VIVIX** would soon play a key role in my journey to wellness.

CANCER DIAGNOSIS: Within weeks of returning to San Antonio, I was **diagnosed with Stage 1 endometrial adenocarcinoma (uterine cancer)**. My husband and I were told that a hysterectomy was essential. **I sought a second opinion at MD Anderson Cancer Center in Houston and began a regimen of 1 tsp Vivix twice a day, 5 Nutriferon with each meal, 6 CarotoMax & 6 FlavoMax daily combined with my other supplements, including Vitalizer.**

I also requested Megace, a hormone treatment for uterine pre-cancer that I had been on years prior. I knew full-well that the main side effect was weight gain, but I wanted to do anything to preserve my fertility. Months passed and there were

many doctors' visits, including a full work-up with a renowned fertility specialist. Primarily due to large fibroid tumors, a hysterectomy was deemed the most appropriate course of action and I was at peace with that.

The week of Thanksgiving, I had a radical hysterectomy (uterus, ovaries & cervix) and I waited 11 days for the pathology report. To everyone's amazement, there was NO evidence of cancer. My oncologist at MD Anderson deemed it a MIRACLE! My follow up appointment, December 23rd, was equally as impressive. The doctors could not believe how fast I had recovered and they said no further interventions would be required.

As of March 2009, I have fully recovered from my surgery and have regained my momentum on my **CINCH** weight loss program. I am exercising an hour a day and my husband and I are preparing to adopt from his home country of Honduras. I know that I will be a healthy and fit mom one day and I am blessed to have such wonderful support and love from my entire Shaklee family.

Kristin Bonilla San Antonio, TX

Stage 4 Renal Failure

Brandy used to work for us at the Family Chiropractic & Nutrition Center and she was a home health care supervisor. This is an unbelievable testimony!
Karen Sandifer

Dear Karen,

Tony has been taking the VIVIX since I started employment with you all February 2009 and guess what???

We went to see the kidney doctor to find out about testing me so that I could give him a kidney and part of my liver because **he was high stage 4 renal failure with polysistic kidneys** ... at stage 5 you have to be on dialysis to live. So we wanted to do a transplant before he had to start.

When they did his blood work they told us that he is stage 2 to low 3, and proceeded to take him off the renal diets, saying he does not need any blood pressure medication and to enjoy life because he had hopefully many years before he has to think about dialysis!

You don't get better with this disease And according to the specialists that we consulted, they all said, **“there is no cure”**. Tony could not even get on the transplant list because he had a heart attack in the past.

The doctor wanted to know what was going on and even ran another blood test to make sure that the lab hadn't screwed up.

I couldn't think because I was in such shock. Here we were going there sad, and expecting the worst, with not much hope after seeing two kidney specialists that said the same thing.

Then GOD and VIVIX saved our lives. All we could do was cry and laugh about what kind of meal he wanted for dinner because he was no longer limited to 4oz of protein a day which isn't much being he is 6'4 and 240lbs.

Anyway his sister is in the same condition with football size cysts on her kidneys and we are sending her a shipment of VIVIX next week. Thank you! Thank you! Thank you! What else do you say to someone who gave my husband and my family our lives back? I will tell anyone I can about VIVIX in the future and God Bless all of you, I know He has blessed us.

Brandy and Tony Vaclavik

Post Polio Syndrome and VIVIX

Some of you may know someone who “got” polio—when we were young—I sure do. We have know Marlene Egerer (one of the sweetest, most beautiful Shaklee person we know) for as long as we have been in Shaklee—30 years now—and to think that perhaps some day she might be able to walk again—it is mind-

boggling—and brings tears to my eyes as I write this to you. Please share Shaklee with everyone—let them decide whether or not to try it—believe that there is hope for them too—

We talked one of the people who gave a brief testimony on Vivix—he had told us the day before—the real reason—not the money and growth part—that his business is doing so well is that his **cluster headaches are gone**. (When Vivix was new he also ran out and the headaches came back until he got his Vivix again—they have not come back again)

I am following a dear friend who had a skiing accident last winter—and wasn't really injured at the time—he didn't think (while on Vivix)---he ran out a few weeks ago while on vacation—and started experiencing **neurological problems** in the neck area—**severe pain** in the morning before getting up—got an appointment with a neurologist---and meanwhile got back home and restarted his Vivix His early morning pain lessened then stopped—he went to the doctor anyway—and they found nothing wrong that would cause such an event each morning. I told him about the man with **cluster headaches**—and he began thinking back—and said “maybe”!! We will see what happens next.

Dr. Smidt from Shaklee said every day he gets so many testimonies—in one day at the convention-he got 71! He said he has been in the wellness research business for many years—produced many products—but none, ever, gave the results that Vivix is doing. Please Share—and don't forget to take it yourself—even if you have no aches and pains—Linda Dietz

Post Polio Syndrome

Several of you, my Shaklee Friends, have ask if I could share what is happening since I have added Vivix to my supplement program.

As background, I have been my own best customer using Shaklee supplements for the past 37 years. I feel that they have been largely responsible for the health I enjoy today.

I had polio at age 8 years which left me with very little movement in my legs. Since the polio attack, I have used a wheelchair to transport me to and through many marvelous experiences. Many who had polio years ago have experienced something called the "Post-Polio Syndrome"...seem the virus attacks again and renders the person worse off than before, as well as leaving them highly fatigued.

Thankfully, I have not experienced this syndrome and feel like my Shaklee supplements have helped spare me.

Now, the **only thing I have changed is the addition of Vivix** each day since the convention August, 2008.

I started using Vivix right after it was introduced, and have used it daily since...the recommended tsp (although now I "swig" it from the bottle so may vary just a bit) As have others, I soon noticed a **smoothing out of brown spots on my skin, I was sleeping sounder, not having to get up to go to the bathroom during the night and noticed more sustained energy level on into the evening.**

However, the unexpected effect that has astounded me is that, after taking Vivix for about 3 to 4 months, I **begin to notice a tiny bit more movement (an awakening?) in the muscles in my legs** that has continued to increase over these past number of months.

As I said, after the polio attack, I had full feeling but almost no movement in my legs. I was left with a little movement in my right leg and almost none in my left. For example, in a sitting position I could raise my right

knee upward a bit and move it sideways ever so slightly. I had been able to "feel" a slight muscle tensing in the back my left leg but no movement. **This has been a static condition for over 60 years.**

I will briefly try to describe what has/is happening. Whereas, when I would tense the muscles in the back of my right leg before, I could feel them tense only behind my knee...this has increased until now I can tense and feel it down my calf and up into my hip. I can even feel the muscle tensing a little more in the back of my left leg.

In a sitting position, I could pull my right knee up about 2 inches, I can now pull it up to my chest! I also have a lot more sideways movement. I can see and feel a more movement in the left leg.

What does this mean for me? Well the main thing is, I don't have to use my arm to move my right leg for the most part. What is really neat is that I can move both legs more when in bed to help me turn over and so forth. Also I can move the right one when I get in and out of my chair without it just swinging (and banging into whatever) I won't try to go into more detail but, **hopefully, this will give you a little idea of why I am so thrilled.** Every little improvement just helps me be able to move around easier and for this I am grateful. Plus, **I seem to continue to gain more movement. I really notice it when I am swimming.**

My massage therapist is "blown away" and can verify each improvement. She evaluated me when I started with her 2 years ago and is seeing each gain.

So...**Thank you Vivix!!!**

Sincerely,
Marlene Egerer

From: Lorri Kreuzscher

“VIVIX” TESTIMONY” & Emphysema and COPD

Graciously submitted by

DIRECTOR, ALLENE BLAYNEY

Lester and Allene Blayney have been Shaklee Members since October, 1997. We are about 99% Shakelites. Lester doesn't use Menopause Balance and I don't use Saw Palmetto. ☺

April 2004 I was diagnosed with severe emphysema, C.O.P.D.

Lung specialist told me ONLY 30% of my lungs were functioning. Said I needed to go on oxygen, 24/7. Never being sick, never had the flu and even went 14 years that I had not seen a Dr. I thought he had lost it.

He had me do a pulmonary function. Those were the results. In denial, I let the oxygen set for about 5 months and didn't use it. Then I got bronchitis. Then I really needed it.

Long story longer, I had more bouts with **bronchitis** and even for the first time in my life, **pneumonia**. Each one of those illnesses setting me back further. Very short of breath. Really limited to my activities.

March of 2007 I began an adult fitness program sponsored and paid for by my insurance provider. I started out with beginner exercise on 3 litres. Very, very difficult. Hung in there.

Added stretch yoga. Noticed a difference in many ways. I noticed a larger capacity for air in my lungs. I began turning my oxygen down, little by little. I felt I was getting too much oxygen.

Lester and I attended the New Orleans convention with the Shaklee Corp. Dr. Sinclair talked about a new product and all the science behind it and the future possibilities. It was like a small voice inside me, and I looked at my Lester and I said, "These people here have no idea what this product is going to do." I said, "This VIVIX is going to be the healing of my lungs." "Next year I am going to walk across the stage with NO OXYGEN." Lester never said a word. We bought VIVIX there. I have never missed a teaspoonful since. HMMM!! Lester either.

Oct. 2008 I went to my exercise program. 45 minutes aerobic exercise on 1.5 litres. Low as you can go without turning it off. 15 minutes later, did 45 minutes of stretch yoga, NO OXYGEN. Have not used it for yoga since.

Changed to a new lung specialist March 17, 2009. Told him about the exercise, reducing the oxygen, and breathing better. He had the nurse walk me up and down the hallway at a pretty good clip, and my oxygen only dropped to 94, without the oxygen.

He said, you healed yourself. He said get rid of that. Of course, **I still have C.O.P.D.** He says it is bad, so he suggested I sleep with it and use it for the cardio exercise or other exerting functions.

He ordered a pulmonary function, 8 tubes of blood taken, a cat scan, and drew blood gases.

I began that very day, March 17, 2009, no oxygen except to do the cardio, when I drive, precautionary, and when I sleep, on 1.5 litres. Feel great.

Returned for 2nd visit, May 5, 2009. Test results showed no difference in 5 years. When I questioned my first lung Dr. about my life expectancy, he said, "Maybe 10 years, most people die of other complications and this is a progressive disease and only gets worse."

The new Dr said if I follow his suggestions and keep doing what I have been doing, by September, 2009, I should be able to go completely off my oxygen. He said, "The C.O.P.D is bad, but we can keep it the same and even reverse the emphysema.

Needless to say, until I was certain about my test results and suspected future, I had not mentioned "VIVIX". When I did he cut me off real quick and said, "It is your Dr. who makes you better, there is no one pill that fixes everything."

I did not change one thing since 8/8/08 except to start enjoying VIVIX.

My firm belief is, God is The Great PHYSICIAN, and believe HE PROVIDES THE TOOLS. WE CAN MAKE USE OF THEM OR NOT. I DID AND I WILL AND I THANK HIM WITH ALL MY HEART, AND DR. FORREST SHAKLEE, AND DR. LINDA RODREGUIZ FOR HER WORDS OF ENCOURAGEMENT WHEN I WAS DIAGNOSED, ALLAN AND HANNAH SHARAPAN FOR NEVER GIVING UP ON ME AND MY BEAUTIFUL SISTER GEORGE, ACTUALLY HER NAME IS MARGIE, FOR INTRODUCING ME TO SHAKLEE.

P.S. Before when Lester wanted to know where I was, I couldn't hide because I had 50 ft. of tubing behind me, now he says he has trouble finding me. My hope is that he never stops.

Neuropathy and Type 1 Diabetes!

I don't know anything about Neuropathy personally. But what I do know is that when the Vivix testimonials came out I read one about Neuropathy.

My brother in law is a **Type 1 Diabetic** since he was 18 and has had neuropathy forever. But when he read the testimonials about how Vivix helped that, he immediately became a member and ordered Vivix. He had taken Neurontin for a long time.

But as soon as he started (taking VIVIX) he said **after 3 days his neuropathy was gone**. He could not believe it. So now he takes no Neurontin, just Vivix and has talked to a lot of people about taking Vivix. Hope this helps. Sherry Richardson

Colon Cancer-Stage 4 and Vivix

Just a little Vivix testimony from my friend in NY.

She was diagnosed in July with Stage 4 colon Cancer. Was given 6 months to live.

She started on Shaklee products along with Chemo. In October, mind you during her treatments she was walking, taking care of horses and such. Being very positive. She was receiving chemo every other week.

I am not sure when she started the Vivix but has only been on it for a few months. She **went for a cat scan last week and found out Monday that all her tumors are gone**. She is continuing her complete Shaklee regiment and taking a tablespoon of Vivix a day. She will have another one in June, 2009 to see how things are progressing. Not once did any of these doctors ask her what she is taking.

The only side effect that she is actually having is the neuropathy as a result of the side effects of the chemo. She says she is feeling great and she sounds great. I live In Utah she lives in NY so I haven't seen her since this all started. Even though they told her she could continue treatments she has decided to stop. She does not want the chemo destroying her body. So she has decided to stop and see what happens as long as she continues her Shaklee regiment.

If anyone has any other suggestions please let me know. She is willing to hear any suggestions.
Thanks! Linda Duvall

My Vivix Story: From Donna Clark, Dec. 2008

I am 64 and I started taking Vivix in August. Here are a some amazing things I have noticed:

- * I had a lumpectomy 6 years ago. The large lump of scar tissue was always sensitive and my bra was uncomfortable. Since taking Vivix, the **sensitivity in the scar tissue has gone** and it actually feels a bit smaller.
- * I **sleep better**, not waking up at 4:00 am worrying and fretting about things
- * I feel a very noticeable **increase in stamina and energy**
- * I had a pain in my hip for several months which chiropractic adjustments helped only temporarily. While I still wake up with some stiffness in the hip, a bit of stretching takes care of that and I don't feel pain for the rest of the day
- * People comment on how "radiant" I look. Never had that happen before

* I have a **friend** who has suffered with **Fibromyalgia** for some time and gets tremendous waves of exhaustion to the point that she has to go to bed. Since taking Vivix for only a month she has noticed a big difference -- does not get tired to that extreme. I can't wait to hear how she is after a few months on Vivix!

Keep taking Vivix!

Multiple Myeloma and Vivix

Subject: VIVX and stem cell transplant (multiple myeloma, etc.)

I wanted to share this information with Shaklee members even though we have no proof, but just in case ViViX has anything to do with these great results.

My sister was diagnosed with Multiple Myeloma in April 2008. In June, she started a course of Revlimid and Dexamethasone for 4 months in anticipation of a stem cell transplant (SCT) in November. She opted for another 4-month course to get through the holidays with a proposed transplant in February 2009.

As you all know, VIVIX was introduced in August 2008. I listened to Dr. Bevacqua's ViViX teleconference numerous times and decided my sister needed to get on ViViX for a full 3 months before the transplant. (see below to listen to this cal)

Let me explain the 3-month head start. Somewhere I got the idea it takes about 3 months for cell turnover. My reading & online research also led me to an article about the discovery by scientists at Johns Hopkins Kimmel Cancer Center of a rare myeloma stem cell that occurs in one out of every 10,000 cells. Current treatment of Multiple Myeloma targets the results of the rare myeloma stem cell but not the stem cell itself. Thus, my reason for thinking ViViX could possibly be an answer to help repair that rare myeloma stem cell.

If VIVIX really works at the cellular level with DNA repair, etc ---- this could be a key element in her recovery.

Step #1 was to get her on the best nutritional program we could before she was scheduled for the transplant. With ViViX on backorder, I wasn't able to get an order to her so I appealed to Shaklee for help. We were able to get her started the first week of November. I put her on a program of VIVIX 2X daily, **Vitalizer**, and **Energizing Soy Protein**. I'm sure there are other supplements she could have taken for support, but having never been on a nutrition program it would have been too much for her to handle. As it is, she misunderstood my directions, even with almost daily coaching, and instead of 1 tsp. 2x daily – somewhere along the way she started taking 1 TB 2x daily! Sometimes it isn't prudent to put too much on a newbie!!

A stem cell transplant requires the following: a hit of Cytoxin (chemotherapy) followed by hormone shots to rapidly rebuild the stem cells just killed off by Cytoxin. The rebuilding process took about 12 days and when neutrophils reached 1000 or more, it was time for stem cell collection. In order to have a SCT they must be able to collect a MINIMUM of 5 million stem cells. This is usually accomplished over 2-3 days (5-6 hrs a day in a chair hooked up to a machine.)

On Monday, February 16th, we went in for the first day of collection. On Tuesday, February 17th, we went in for the next day of collection only to find out she didn't need to do it anymore! We were greeted with great news!

She blew them out of the water and set a new record for stem cell collection (University of Minnesota Medical Center.) SHE GAVE THEM 18 MILLION STEM CELLS IN ONE SITTING!!!

We don't have to go back for collection anymore, but the **best part of this is that she will get all of those 18 million stem cells to begin the work of rebuilding her immune system.** Also, because there are so many stem cells she is actually getting more than 3X the amount needed to start the rebuilding process! We were told this should make her recovery easier and shorter.

Of course, this is only the 2nd phase and there is a long way to go yet, but this is certainly a positive start. We are waiting to go in for the next big chemo hit (Melphalan) to be followed by the transplant a couple days later. As a side note, she has only been ill one day since Feb. 5th – the first chemo bulldog, she has more energy than I do, and she has one heck of a great attitude! And one more thing, my `little' sister is only 4'7", which makes 18 million really seem like a lot!

My Sister's Myeloma Story: www.caringbridge.org/visit/peewee

Find Dr. Sandy Bevacqua's Teleconference call: www.shakword.com Sign in with Shaklee/Shaklee
Select the "classic calls" on the left side.

Dr.Sandy's conference helped steer me in the right direction and maybe she can also help you or someone you know.
Melodie Licht

DISCLAIMER: The testimonials herein do not represent Shaklee's position on their products. They are entirely the comments coming from the experiences of satisfied consumers. Nor does DR. SINCLAIR "endorse" Vivix.

I heard the daughter of an Alzheimer's Mom give this testimony at a Shaklee Meeting in Atlanta, Georgia in 2009. Debbie Garrison debbieg@dnet.net

In the Fall of 2009 I attended some Shaklee Business training in Atlanta, Ga.

On the second day, the leader of the training asked for testimonies from the group about VIVIX.

The 60's something woman at a nearby table immediately raised her hand to share what she and her sister had witnessed after they started giving VIVIX to their Mom who had been diagnosed with Alzheimer's 5 years ago.

Before VIVIX, they had tried the medications, but those drugs actually made their Mom worse. They were taking care of her at home, hated the results of the drugs, and discontinued those drugs.

Before VIVIX their Mom had not dressed herself in 2 years, had to be fed all her meals, and recognized very few family members. She had very little interest in anyone or anything and rarely spoke.

After one month on VIVIX the daughters believed that their Mom was recognizing some of her guests.

So they got out the family album and asked her to point to the members of the family that they named for her. She identified most all of the family members!

One day during the second month of taking VIVIX, their Mom began to talk some every day....and one of the first things she said was, "I want to go to the kitchen and fix myself a peanut butter sandwich." This from a lady who had not fixed herself a meal in years!

After three months on VIVIX their Mom was feeding herself, dressing herself and enjoying her company. She is moving around more and obviously feels much better.

These daughters decided that they needed to become Shaklee Distributors because of the miraculous reversal of Alzheimers symptoms that they witnessed after they started her on VIVIX.

Resveratrol is the primary ingredient of VIVIX. Dr. David Sinclair's research proved that this substance repairs & protects DNA at the cellular level. That is the only possible explanation for this wonderful health testimony.

Elsie's Journey from Alzheimers

This testimony is an Acrobat Reader and I was unable to copy and paste it into this group of testimonies. You will find a copy of this testimony at the end of this notebook.

Pancreatic Cancer

My husband, Stan, went through a lot of feelings when diagnosed **with aggressive pancreatic cancer Feb. 2007.**

Anger, fear, anxiety, frustration. He was told that with luck he would have about **9 months to live. He was 66 years old.**

In his favor: He didn't smoke anymore, but had years ago. He'd been using Shaklee off and on since 1979. At first more 'off' but more consistently as time went on, finally later was on the basics daily. But he had a lot of hidden inner body damage that we didn't know about, like most of us. You can't see what's happening inside so you don't always pay attention to it until the 'symptoms' start getting your attention.

In 2007, he had **dropped from 205 lbs to 86 lbs in less than 3 months.** I was reminded of pictures of concentration camp survivors. Couldn't eat much, drank our Meal Shakes at that point. The procedure was a success and they hoped they got all cancer, but only time would tell. Chemo/radiation was started. I had brought a nutrition program to them and asked if he could be using our supplements especially the **Nutriferon** during all this therapy.

****They called me and said to definitely go ahead with the products.

His blood work stayed pretty good during the rest of that year, and he stopped chemo/radiation by end of 2007. Unfortunately, he was diagnosed with a very fast expanding pancreatic fistula the following March... which nearly took his life. Then we

began a concentrated effort to rebuild his health again and hopefully stop the cancer from returning.

He was/is on only pancreatic enzyme with meals and Shaklee supplements and Meal Shakes now. His cancer number was about 365 in 2007, had dropped a little by summer 2008, but still over 210. **I firmly believe the base of his good blood work was from the Nutriferon**, and yes- in his case we used more than two daily to build him up. Now his is back to 2 or 3 daily.

We just weren't taking any chances, I'd rather 'waste' some and make sure his cells had every bit they needed. Later we found out that our FlavoMax was actually a great product for this too.

He got stronger even during chemo/radiation.

******Vivix came out in August 2008**, and Stan started on it early in September when we got our first bottles. **By October blood test, his cancer count dropped under 200, then by December it had dropped to 165. We're working towards the 50 marker.**

Vivix was the only difference in his supplement program. Will it keep cancer away, we don't really know, but it has been shown to create healthier, stronger, more resilient cells. We figure if we make other changes like better food choices, better water, exercise/air, to help create healthier cells- then Vivix will enhance his health ever better.

Vivix & any supplements can only work with our food choices. If cells are poor, then Vivix can increase their value but only so much. If cells are healthier then Vivix can do an even better quality job. There is no magic bullet for anything. No guarantees. **You have to bathe your cells in the very best supplements consistently, surround them with something they can actually use to do their jobs, clean-up, and rebuild.**

August of 2009, he went on a backwoods camp-out and canoe trip - Allagash, Maine, Something he had wanted to do for years. I've shown his picture, and they have it at the cancer center. Quite a difference from the '87 pound skeleton of 2007'.

Over the last 3 years, they thought the cancer returned a couple times, and once when his liver was very inflamed.... but so far we've been able to keep things at bay. Yesterday he took off with some friends on the new Sunrise Trail in Maine, on ATV's. He still gets tired during the day sometimes, and would love to be 25 again physically, but he is living each day now. His weight is at about 160 which is good for him.

Cancer, like other degenerative diseases, undermines the body's cells/organs slowly damaging them. Before the cancer he took some Shaklee products, but also enjoyed eating a lot of other things we now know cause damage.

That plus his job driving tractors for years, and the negative air that brings.

Supplementation, as Dr. Shaklee put it, is for filling in the gaps, enhancing the nutrition from your meals, they can't be expected to compensate for not eating well. For example you can't stick a B complex into a big piece of pie' and balance the nutrition. The quality of the nutrition product is also extremely important- you have to know what's in it and that it does give results. Why waste your money? A great looking car is cheaper with no engine, but it won't get you anywhere.

Supplementation plus better food choices, plus quality air and water, and fun exercise, all play a role in our health, then you add genetics to the mix.

It's much harder to try to take everything you need daily when the damage is out of control, and you don't even feel like eating or doing anything.

It is much easier to start early and increase the cell health consistently even just a little bit - makes a major difference. It is easier to ward off disease than it is to try to 'cure' it once it has taken hold.

We're sorry your friend is going through all this, and we know the anger and frustration from it. But perhaps looking at this from another possible viewpoint: --- the Vivix has been trying to heal those cancer cells as they grew, perhaps it held back some of the cancer, as her body tried to fight what was happening 'undercover'. It may still be working in her favor now. Damage can be stalled, or slowly cleaned up, but time is a factor- and it has run out while some parts were healing, just not enough time. Also taking just Vivix is not going to fix a problem which usually has taken years to insert itself before it suddenly triggered the cells.

According to the medical team, Stan had only one chance to stall death and that was the whipple procedure. When he survived that, and then got stronger during chemo/radiation instead of weaker, they told us that things looked good and he may have bought another 18 months...That would bring us to June 2009.

August 2009 he went on the Allagash trip.

So here it is 2010 August and he is still with us. We live in the woods of Maine, he works and 'plays' outside every day, uses a snowmobile and ATV, turned 69 this year. Each day is a gift and we just try to enjoy it and make the most of it. Do we believe the supplements had a positive effect - yes.

Our loving advice is to try to create a healthier life - starting anytime - never too young or too old to do that, and take supplements. Check the research, with Shaklee products you know what results they give, and plan accordingly.

Use several things together to cover all your bases. **Bathe your cells in HEALTHY NUTRIENTS.** Does it cost, YES. Everything has a cost, we spent money on **Nutriferon** and other nutrients. Was it worth it, YES. I would say to **anyone 'never give up' trying to**

rebuild your health, because you really don't know what battles are being fought and won internally on a daily basis.

There are supplements I would never give up with cancer - **Nutriferon**, Vivix, and Multi, one of our Shake choices [mine would be **Cinch**], plus breathe good clean air - they now know it helps deter 'bad' cells.

(Yes, we had our AirSource in his room!)

Life is a precious gift, remember to open it and have some fun!

Sandy Sargent

ULCERATIVE COLITIS, May 2010

Progress observed by Debbie Garrison since 2006.

My chiropractor was diagnosed with ulcerative colitis about 3.5 years ago.

He had terrible side effects using the drugs, so he quit taking them.

In his quest to find a natural alternative to drugs, he discovered that everyone recommended that people with ulcerative colitis take lots of Omega 3's for inflammation ---plus good bacteria - Shaklee optiflora system. So he started taking the Optiflora System and another brand of Omega 3's.

FYI: I did explain to him that the Shaklee Omega 3's were much purer than the inexpensive brand he was using due to the patented triple distillation process Shaklee uses to get rid of 99.9% of all the toxins in the fish oil - but he continues to take another brand of Fish Oil.

One he started taking Optiflora and **Nutriferon** (natural Interferon immune system booster), he told me that he was feeling much better.

After VIVIX came out in August, 2008, he researched it --- & got very excited because he knew that if resveratrol could repair and protect DNA at the cellular level that resveratrol had the power to reverse disease.

17 months after he added VIVIX to his other Shaklee supplements, he had his second colonoscopy = February, 2010.

His Doctor told him that if he had not done the first colonoscopy that he would never believe that Mark had ever had ulcerative colitis.

My chiropractor no longer has ulcerative colitis and lets every patient in his practice know about how important he thinks it is for EVERYONE to use VIVIX.

He continues to use:

1. 3 optiflora pearls a day
2. 1 tsp of the optiflora powder a day *which he did not start using until after three months on 3 optiflora pearls a day.)

3. 2 teaspoons VIVIX a day
4. 4 **Nutriferon** a day (immune system booster --- side benefit = allergies have also backed off and he has not had any sinus problems or upper respiratory issues for a year)
5. Some brand of Fish Oil other than Shaklee. Fish Oil also has anti-inflammatory benefits for the human body and is always recommended for anyone who has ulcerative colitis, crohns or diverticulitis. I always recommend Shaklee's Omegaguard because of the triple distillation process that removes 99.99% of all the toxins from the fish oil. Shaklee is the only company that purifies their Fish Oil at this level. Most companies do not do any testing or purification for their fish oil products.
6. And One Strip of **VITALIZER** a Day.

Debbie Garrison September, 2010

Update: November 19, 2010 My chiropractor called me to let me know that the **anti-inflammatory properties of VIVIX** have **reduced the inflammation in his back** so that he is holding adjustments 8+ weeks = extraordinary for his history. Despite the fact that he fell asleep sitting up & his head drooped down at an angle, he held his adjustment twice in a row.



He said "I am feeling REALLY GREAT !!" October, 2011 he had a set back because, in his own words, he got slack taking his supplements.

Macular Degeneration, COPD, Chronic Bronchitis, Incurable

Skin Disease: Progress observed by Debbie Garrison from late April through Mid-September, 2010

Roy and Mary contacted me after their Chiropractor recommended Vivix.

Roy was on oxygen and a nebulizer. He had COPD, chronic bronchitis, and never left the house without a mask because his immune system was so weak.

In addition, Roy **could not see at all out of one eye**, and had to use a magnifying glass to read anything out of the other eye. His ophthalmologist had done numerous surgeries trying to delay blindness.

He also had chronic blood blisters that could only heal if they were pricked by a needle followed by steroid cream. His hands and forearms were covered with thick, scaly, dark brown skin.

Roy's dermatologist told him that he would have to use steroids for the rest of his life to keep his skin disease under control.

Roy and Mary asked me to recommend some products to help with all these problems. Roy had read through the summary of VIVIX research that I had provided for him and was confident that Shaklee products would help him. After all, his chiropractor had gotten rid of ulcerative colitis --and that gave Roy great hope.

Roy and Mary are on a tight budget, so in the beginning they asked for minimum amounts asking me what amount I thought would give him some results. Then once they saw results they would up the quantity levels.

I recommended **Nutriferon** to boost his immune system 2/day; **Vitalizer**, one strip of multiple nutrients a day, optiflora (good bacteria) 1 pearl a day; Vivix (Clinically proven to slow down aging at the cellular level, 1 tsp a day; 2 zinc/day, 2 carotomax (multi Carotinoids) a day.

Roy and Mary asked me to look at the label of the pills his eye doctor recommended and replace them with Shaklee which is the reason for these extra amounts of Vitamin A (in the form of Beta Carotene) and Zinc.

After **6 weeks, his "incurable" skin disease had disappeared** from one hand and forearm, and 50% was gone on the other hand and forearm.

After four months, he has beautiful new skin on both arms and hands ---no more dark blotchy skin. AND, the huge blood blisters are gone. He is still getting a few very tiny ones but now when they form, they disappear in less than a week.

Roy's Dermatologist is now sending all of his patients who have this same skin disease to Roy and Mary --- and they call me so that I can answer their questions and place their product order.

After 2 months on Shaklee supplements the nebulizer equipment was removed from their home because Roy's lung capacity had increased. His Internal Medicine Doctor wanted to know "WHAT IN THE WORLD are you doing"?! I have an appointment with this Md. on October 7th. He is considering sharing Shaklee with all of the patients in his practice. (Updated 11-20-10 This Doctor is in a Corporate group practice. The rules of the group make it impossible for him to share Shaklee with his patients. 10-5-11 He said he did want the VIVIX Testimony Notebook placed in his waiting room)

After 3.5 months Roy visited his ophthalmologist for his 4 month check-up. The Doctor looked up from his computer screen after he had tested Roy's eyes and exclaimed: "You vision has improved! What are you doing?!!" You see, **this Doctor had never seen a macular degeneration patient's sight improve.**

Roy's Doctors had done two surgeries on his eyes plus a series of injections. One eye was wet macular degeneration and the other eye was dry macular degeneration.

As of **September 15th, 2010 Roy can see out of both eyes almost equally.** He can read anything he wants to read ---he does not have to use a magnifying glass. His lung capacity continues to improve, and we are working on his immune system so that he can go out in public without having to wear the mask. Roy tells me that his vision is improving each week.

I stopped by for a quick visit the evening of September 28th --- and there Roy was in his recliner reading a 600 page normal print book with his regular glasses on. He tells me that during the day he usually does not even need to wear his glasses to read anything he wants to read!

Once Roy started getting results he increased his supplements. Now he is taking the following supplement amounts each day: 4 **Nutriferon**, Two **Vitalizer** Strips, 1 Optiflora pearl, 2 zinc, 2 Carotomax, & 2 teaspoons of Vivix and several **Cinch** shakes each week.

Updated December 20, 2010

Roy visited his ophthalmologist 12-20-10 and was **able to read ALL the lines on the eye chart using his GLASSES**. The Ophthalmologist said that he had become a believer ---- that at first_ he thought it was just a fluke and that Roy would start deteriorating again. Now the ophthalmologist has committed to using VIVIX himself. As of August, 2011 Roy's vision is 20/25 in his better eye and 20/30 in the eye that used to be completely blind.

COPD: Roy experienced heavy toxic chemical exposure during his working days which led to_ COPD. He is no longer breathless every day. He can sleep on his back for the first time in years ---and his energy levels have dramatically increased. His immune system is stronger --- he has had just one cold since I started working with him in April, 2010 = quite an improvement for someone who suffered from chronic bronchitis and pneumonia. However, as a precaution, he still wears a mask when he goes out in public.

And the "incurable" skin disease has not come back. Roy's body is free of blood blisters, itching and rough dark skin -- and everyone is astonished at how young he looks. No one can believe that he just had his 81st Birthday.

The Chronic Bronchitis that Roy suffered from for decades is still gone as of 8-26-11.

Once Mary witnessed the huge improvements in Roy's health, he insisted she start using Vivix, **Vitalizer, 3-in-1 Boost and Cinch**.

Before Shaklee, Mary was a brittle diabetic. She is trim and really watched what she ate, but her blood sugar bounced up wildly on a regular basis.

After Shakee her brittle diabetes is gone and her blood sugar is slowly but surely coming DOWN. She walks every day in her basement ----but after Shaklee she told me she had a lot **more energy** which enabled her to increase her exercise each day.

The **silver Widows peak on the top and back of her hair is gone**, replaced by a medium gray color. And the color of hair on the rest of her head has turned back to a medium brown color with a few grey highlights. She radiates good health --- and everyone who sees her asks her what in the world she is doing **to look so much younger and healthier**. For a 76 year old, that is very exciting!

Mary is so thrilled about all the wonderful health benefits of using Shaklee that she can't keep her mouth shut when people ask her what she and Roy are doing that is making them look so much younger and healthier. We have been working together as a team since August, 2010 & she is now earning enough money to pay for all of their products -- and more.

January, 2011 Roy's Internal Medicine Doctor told him that he no longer had COPD.

His Ophthalmologist told him in December, 2010 that his macular degeneration had completely reversed. On August 15, 2011 this ophthalmologist asked Roy to type up his testimony so that he could share it with his other patients.

Joint Pain and Swelling Vivix Testimony 11-2-2010

From: Barb Hill Behar

This is a testimony from Joy Dunham from Michigan.

I purchased the VIVIX several months ago and have taken maybe three teaspoons here and there but none since late last winter. I just had no problem with growing older and besides, I was in pretty good health. After receiving a copy of the VIVIX testimonials I thought maybe I should try it seriously. I started around the 10th of September, 2010.

While cleaning paint from under my fingernails one evening about a week later, I thought the my fingers looked more elongated, but thought I was imagining it. But every evening as I sat down to read I would look at my hands and think not. The joints in my fingers have been enlarged for several years now. I have taken the Joint Health Complex and Pain Relief regularly and never really had pain issues. After about two weeks I was sure something was happening because of the VIVIX. I had not mentioned anything to anyone, but at Sunday dinner I put my hands on the table in front of my husband and told him what I was seeing.

The elongated appearance had come from the swelling going down on the tops of my fingers. But additionally the swelling was receding at the sides of the joints. The middle joint of my little finger on my right hand has been much more enlarged than the other joints. It is still out of proportion to other joints, but the **swelling reduction is huge.**

The most visible reductions happened with the first month. The joints on my left hand are almost returned to normal. One of the fingers on my right hand looks funny now because the swelling is going down in an uneven manner, and the joints are looking a little crooked. Do I care?? Not!! I proudly tell everyone I see.

My husband and I attended a luncheon a couple of weeks after I had started taking VIVIX. One of the ladies attending mentioned that I looked so young. People have said this before to be polite. But she later came over to our table and said to me, "I'm not kidding, **you do look younger.**" So I started looking in the mirror. I wear turtle necks all winter and each spring I look in the mirror and gasp. But now I looked and the lower lines at my neck are continually diminishing. When visiting my sister that weekend, she looked at me and said, "Your jowls are gone.

Another unusual effect has been that I am hungry!!! For years I have taken my supplements with a large glass of orange juice; then eat an early dinner around 3:30-4:00 pm. By 11:00 am I am starved and eating something. But...I am not gaining any weight. Thank goodness!!

Besides this a couple of **large age spots are diminishing** slowly. And I am also seeing **dark roots in my hair** where only white has come in for several years. My skin is changing as well; much silkier. And my **hair has become very silky.**

I am not a vain person so these last visible results alone would not have been a reason for me to use VIVIX. But these in combination with the joint results have surprised me beyond anything I could have imagined. Not to mention what all is going on inside where it is not visible.

I have used many Shaklee supplements for approximately 28 years and know I am healthy because of that. But I have to say VIVIX really tops it all for me.

Joy Dunham, Age 65, Michigan

DIALYSIS & RHEUMATOID ARTHRITIS

I can remember being very sick when I was 2 years old. My kidney infections were so bad and I had such severe hives that my mother would put me on a little pallet in front of the door to keep me cool.

When I was 30, the doctor informed me that I had **Rheumatoid Arthritis** throughout my body; he prescribed Indocen. My fingers were full of nodules and stiff. Herb, my husband, had to pull me out of bed each morning to get me on my feet; I was so stiff, I couldn't do it myself.

I have been using Shaklee for 35 years. I have been re-tested for Rheumatoid Arthritis and the doctor said I do not have it anymore. I don't have trouble with my blood sugar like I did either. I just thank the Lord for leading me to the doctor who was responsible for introducing me to the Shaklee Food Supplements, because it had resulted in restoring my health.

In 2010, my doctor wanted to put me on dialysis, because my body kept creating kidney stones/infections; my creatinine level was over 4. I didn't want to go there three times a week, so I said NO!

He said I would die if I didn't and I told him that was OK, because I was a Christian and I was ready anytime the Lord wanted me.

I increased my Vivix from one teaspoon to two tablespoons daily and after six months, to my doctor's surprise, my creatinine level dropped to 1.0 which falls in the normal range for women of 0.5 to 1.1. Now, I go to the Nephrologist only once a quarter!

Alice Johnson, St. Petersburg, Florida

PS. we add Lecithin capsules -12 a day for everyone who wants to stay off or get off of dialysis--wonderful.

Colitis, Diverticulitis and Crohn's, January 13, 2011

The following is my story.

February of 2008 I was diagnosed with Colitis and Diverticulitis but tests also showed a possibility of Crohn's.

I was on various medications throughout 2008 and 2009 with nothing really helping.

Then one day in late January of 2010 Amber called and talked to me about Vivix and offered to send more information along with testimonials. After reading the material I ordered Vivix and after a month thought it wasn't going to help me but I remembered Amber saying to try it at least for two months.

I started taking Vivix in February and after two months I could see improvement and by three months I was symptom free and I still am.

Before taking Vivix I had diarrhea, bloody stools, and mucus discharge to the point I didn't leave the house but for a short time. I was basically living on toast and yogurt and drinking only water. **I had no energy.** Now I watch my diet but I can eat most things and I still drink mostly water but occasionally have tea or a soda. I am now able to do my regular activities.

I am so thankful for that call from Amber in 2010.

Louise Branch

Grey Hair Color turning BLACK

My 66 year old husband has been using VIVIX since August, 2009. He also has been using a variety of other Shaklee products for years.

But before VIVIX the hair on the top and crown of his head was completely silver.

Now his hair is at least 50% Black again ---- a fact that continues to startle me each morning. It took him a while to admit that there had been a change. But the mirror does not lie. Debbie Garrison, 1-15-11

Cholesterol Reduction Complex January, 2011

Liz Hardy, one of my Shaklee people and a good friend just e-mailed me her results with "**Cholesterol Reduction Complex**".

She has been so frustrated with her cholesterol numbers. She watches her diet, uses Shaklee Supplement and the two of us work out at the Wellness Center 4-5 days a week.

HERE IS HER STORY:

Friday, January 21, 2011

She has been taking Cholesterol Reduction Complex since September 2010. Her lifestyle has been the same for years. There were no changes except for the CRC.

"Hi! My doctor called this afternoon and gave me the cholesterol numbers from my blood test last Tuesday.

My Fasting Status Cholesterol went from 242 (in July) to 198

My HDL went from 50 to 58

My LDL went from 166 to 116

I said that this was due to Shaklee's new cholesterol supplement."

He said, "This stuff really works".

Shaklee came out with "Cholesterol Reduction Complex" last August, 2010. People have been having wonderful results. The name of our product has been approved by the FDA.

Cholesterol Reduction Complex contains natural Sterols and Stanols found in plants. These substances have been proven in over 80 Clinical Studies to lower bad cholesterol. The Shaklee product delivers 2000 mg, which is the amount recommended by the National Institutes of Health (NIH) based on their research results. **These plant substances are absorbed into the cholesterol receptor sites throughout our digestive system making it impossible for our body to absorb the cholesterol from the meal we are eating.**

How exciting to have a natural way to raise your good cholesterol and lower your bad cholesterol WITHOUT ANY NEGATIVE SIDE EFFECTS.

Cholesterol Reduction Complex can be used with your statin drugs. Be sure to work with your doctor and hopefully you can get off your statin drug.

Call or e-mail me if you would like more information.

Dr. Richard Brouse has an excellent CD on Statin Drugs. He has a conference call every other Monday night. (usually)

Helen Cornwell, Palatine, IL

Cholesterol, Triglycerides and LDL & Cholesterol Reduction Complex

I was thrilled to send an e-mail back to my MD after he suggested over a year ago that I take a **Statin Drug** for my Cholesterol.

I asked him to give me a year to do it on my own, and indeed I did!

I lowered my cholesterol from 266 to 176!

He was so pleased with my results that he sent me a note on 1-14-11:

"I could not believe it when I saw it. I will have to say that you are one of maybe 5 of 2200 patients that I care for who has been able to do something like you have." Troy Long, MD

I did this with some exercise, a diet adjustment with additional raw foods, and adding Cholesterol Reduction Complex. **My triglycerides also went down as well as my LDL.** Yea Shaklee!

Tommie Hearell

News from Dr. Steve Chaney about VIVIX and The Results Of A New Clinical Study: Provides PROOF about Anti-Inflammatory Properties of VIVIX February, 2011

Dr. Chaney is an active cancer researcher and a Professor of Bio-Chemistry and Nutrition at UNC Medical School, Chapel, Hill, NC.

"Shaklee leads the industry in clinical trials that prove their products work. Shaklee has funded over 100 clinical studies - more than the next 5 companies in our industry put together.

But Shaklee isn't resting on their laurels. They continue doing clinical studies and their studies continue to be published in peer-reviewed scientific journals.

In fact last week was an outstanding week for Shaklee. Two of their studies were published in the same week!

But, I'm not going to talk about both studies in today's column.

This week I'm going to focus on the study with Shaklee's patented blend of **resveratrol** and muscadine grape polyphenols, (You know this product as Vivix).

This was a completely independent study conducted by Dr. Paresh Dandona and his colleagues at the State University of New York at Buffalo and published in the Journal of Clinical Endocrinology & Metabolism (H.Ghanim et al, J. Clin. Endocrin. Metab., doi:10.1210/jc.2010-1812). It is currently available in online form and will appear in print in May 2011.

The fact that it is an independent study is important. That means that Shaklee didn't control the data. If Vivix had turned out to be no better than placebo, those would have been the results that would have been published!

But, of course, **Shaklee's Vivix did perform much better than the placebo and therein lies the story.**

In this study a group of young, healthy, normal-weight adults were fed a typical fast food breakfast of egg muffin and sausage muffin sandwiches and two servings of hash browns.

That's a whopping 910 calories with 51 grams of fat (1/3 of that saturated), 88 grams of carbohydrate and 34 grams of protein!

In a previous study (Ghanim et al, Diabetes Care, 32: 2281-2287, 2009) Dr. Dandona had shown that a fast food meal like that turns on genes that cause a massive increase in reactive oxygen species (ROS).

The increase in ROS then activates a number of genes that trigger an inflammatory response - including two genes, SOCS-3 and TLR-4, that are thought to interfere with insulin signaling (which can lead to insulin resistance) and damage to the walls that line the arteries (As you might imagine, neither of those responses is good).

And, if that weren't enough SOCS-3 also interferes with the leptin signaling pathway. Simply put, **interference with the leptin signaling pathway means that your brain doesn't realize that you just ate 910 calories. You will probably want to eat more.**

Now we do have a gene called Nrf-2 that is supposed to be turned on when reactive oxygen species are detected. It, in turn, activates a number of antioxidant genes that will neutralize the reactive oxygen species and protect our cells from oxidative damage.

In the cruelest blow of all the fast food meal turns off Nrf-2 and all of the antioxidant genes that it controls.

Are you sure that you still want to eat that fast food meal?

With that as background, let's turn to the study that was just published.

Dr. Dandona choose to use the fast food experimental model because fast food meals give such a dramatic response in such a short period of time that it is easy test whether a given food or supplement can prevent inflammation and oxidative damage.

Dr. Dandona simply gave one group Vivix and one group a placebo 10 minutes before the fast food meal.

As you might suspect, the placebo did not alter any of the bad effects of the fast food meal.

However, **when Vivix was taken just prior to the fast food meal:**

- The genes that generate free radicals were not turned on.
- The genes that trigger the inflammatory response were not turned on.
- SOCS-3 and TLR-4 were not turned on
- Nrf-2 and the antioxidant genes it controls were turned on.

In other words, Vivix completely reversed the short term bad effects of the fast food meal.

So what is the take home lesson for you?

Does that mean that you should just take a Vivix chaser with your next fast food meal?

Perhaps, but think how much good Vivix could do for you if you ate a good diet!

Even if you don't eat fast food meals you should know that oxidative damage, chronic inflammation and insulin resistance have many causes. You don't need to eat a fast food meal to generate that kind of metabolic stress.

And it would be foolish to think that Vivix could undo all of the bad effects of fast foods. Vivix simply prevents the immediate effects of a fast food meal.

If you continue to eat fast foods on a regular basis you will pack on the pounds, plug your arteries, raise your blood pressure - the list goes on and on.

But, to me the most important conclusion from this clinical study is that Vivix works. It gets into your bloodstream and turns off the genes that need to be turned off and turns on the genes that need to be turned on.

IMPORTANT FINAL POINT:

If you look at the marketplace, you will find all sorts of different potencies for **resveratrol products, and you will find **resveratrol** combined with many different ingredients. And, of course, all of those companies make fantastic claims for their products.**

But, unless they have published a clinical study like this one, they have no proof that their product actually works."

To Your Health!
Dr. Stephen G Chaney

Neuropathy

I have been diabetic since 1996. I have neuropathy in my legs and feet. On the days at work when I have to be on my feet for 5 hours or more I would leave here limping because my feet were so swollen I could barely walk. I would have to go home and elevate my feet and legs for an hour or two just to be able to function in the evening.

I started taking VIVIX in 2008 and **within about 3-4 months** I noticed that when I left work –I did not have to go straight home – I could go grocery shopping or run errands and the **pain and swelling was no longer in my feet.**

I can't say that the VIVIX gave me more **energy** per se but rather I describe it as more **endurance**. I won't go a day without it!

Mike F, July, 2010, CT

From Short Health Success Stories about Shaklee Products.pdf, Jan. 2011

Eye Sight Returns 2008-2009

After gradually losing his eyesight, our friend Rich was diagnosed with a rare, **hereditary degenerative eye disease**. He was seen at the U. of Minnesota and at the Mayo Clinic, but it wasn't until he was referred to the **eye department at Iowa State University in Ames** that he was given the diagnosis. Sadly, there was **nothing they could do for him.**

Rich and his wife sold their house so he wouldn't have stairs to climb or yard work to do . He lost his driver's license and had to use a powerful magnifying glass to read or use the computer.

In August, 2008 I asked Rich if he would agree to be my guinea pig and try out new product called VIVIX.

After being on VIVIX for a year, his sight returned and the doctors in Iowa were amazed. He got his driver's license back and can do everything he used to do before losing his sight. He never misses a day of VIVIX and we are both so grateful to Shaklee for the amazing research they do and for the wonderful, life-changing products they make. Vicki Case.

Colitis....Diverticulitis....Crohns

February of 2008 I was diagnosed with Colitis and Diverticulitis, but tests also showed a possibility of Crohn's.

I was on various medications throughout 2008 and 2009 with nothing really helping.

Then one day in late January of 2010 Amber called and talked to me about VIVIX and offered to send more information along with testimonials.

After reading the material, I ordered VIVIX and after a month thought it was not going to help me but I remembered Amber saying to try it at least for three months.

I started taking VIVIX in February and after two months I could see improvement and by three months I was symptom free and I still am nearly a year later.

Before taking VIVIX I had diarrhea, bloody stools, and mucus discharge to the point I did not leave the house but for a short time. I was basically living on toast and yogurt and drinking only water. I had no energy.

Now I watch my diet but I can eat most things and still drink mostly water but occasionally have tea or a soda. I am now able to do my regular activities.

I am so thankful for that call from Amber in 2010 !!

Louise Branch

ALZHEIMERS By Mary Hammon 2008-2009

My Mom has Alzheimer's and has been living with Jeff and me for the last 10 year as she requires 24/7 care.

For the first time in a few years my Mom made a sandwich for herself!! We are really starting to think that VIVIX is making a difference.

Her appetite is definitely improved and she referred to me as her daughter to someone the other day! W're actually thinking of discontinuing her Aricept completely. Seems like it may be doing more harm than good? What a surprise !

We started her on VIVIX as soon as it was available to the public in August, 2008. When it went on backorder we all got off it for a month or so, maybe even 8 weeks. I'd say, in total, she's been on it for 3-4 months....maybe a bit less.

Last week my sister Maureen showed Mom her wedding photo and Mom said: "That's me!" Maureen then said: "Who's that next to you?" Mom said: "That's my husband!"

Today I showed her another photo from her wedding (a group photo) and she did recognize her father. I think I am going to give her 2 teaspoons a day and see what happens!

MY PROSTATE CANCER TESTIMONIAL

By Harry Storms

June 15, 2011

On this date, October, 15, 2010, I was experiencing some severe back pain after several days of eating mostly BBQ meat that was left over from a weekend neighborhood BBQ.

I could not go to the bathroom for about 3 days and was suffering from a lot of pain.

I ended up in the ER Room at the hospital where upon the doctor prescribed some medication to relieve the immediate problem. He also asked me about the last time I had a prostate exam.

Some initial exams & blood tests were conducted and he told me that I may have prostate cancer and would schedule me for further testing for cancer.

After meeting with, and enduring a very painful biopsy by an Urologist, it was confirmed that I did in fact have prostate cancer.

My PSA (Prostate Specific Antigen), used to measure the health of the male prostate, should have been below 4 to be considered healthy. My PSA was 160, which the Urologist immediately placed me in a Stage Four Cancer category.

The Urologist asked me how my relationship was with our Heavenly Father, because, "Based on my experience and historically speaking", I would Not live more than 2 ½ to 3 years. I told him that I had a lot of faith in our Heavenly Father and that I sincerely believed that God would walk with me through a cure or to the grave. Either way, I believed that I would win over cancer because of my Faith and Trust in Him!

He said, "Good, because you have a Monster growing inside of you and you're going to need all of the help you could get!"

Upon meeting with an Oncologist, he explained that during the next 15 to 30 months they would be able to get my PSA down and get my cancer under control through some monthly injections and shots. But, then my cancer would spread and I would have to undergo some Chemo and Radiation treatments. He said that the cancer would end my life within the three years.

The Oncologist suggested that I participate in a new, "Experimental Program" whereby Radiation and Chemo therapy would begin immediately to "Get the Jump" on the cancer. I politely told him that I wanted to wait on that pending further investigation on my part.

I called my longtime friends, Mike and Marty Saffell and told them what I had found out. Marty is a cancer survivor herself. They met with me and my family in my home and lovingly told me that first I would need to adopt a Vegan lifestyle!

What the heck is a "Vegan" and what were they thinking?

Who in their right mind would give up a "wonderful life" of eating Hamburgers, Fried Chicken, Pizza, Ice cream, not to mention Sodas, and eat ONLY Veggies every day? Hey, kill me already! Why didn't they just point the gun directly at me and pull the trigger???

I was raised as a meat and potatoes kind a guy! And now they're expecting to make these radical changes in my lifestyle. Well, anyway I did just that!

They also told me something that would really change my life! They told me about Shaklee, and the lifesaving supplements such as: **Vivix, Nutriferon, Vitalizer, Vitamin D, and Pain Relief Complex** (this really helped me get free of prescription drugs for pain).

I also joined a health club and began rigorous training with the treadmill, elliptical, and one more I call "Big Yellow." That one really gives you a workout!

By December 2010, my PSA had dropped to 35. By March 2011, my PSA had dropped to .043 and I was downgraded to being in remission!

All of these improvements because I changed my life through Christ Jesus, through adopting a Vegan lifestyle, through exercise, and through the wonderful and life-changing supplements of Shaklee!

And listen to this, my Oncologist said that I was healthier than ALL of his cancer patients! How cool is that! Thank You Lord!

Currently, June 2011, my PSA is still below the level of 2. I was told that this is very good considering what I have been doing.

I have NOT had any Chemotherapy nor Radiation treatments of any sort! Funny thing is that my Oncologist is still trying to encouraging me to take these treatments! What a Guy!

My story is one of many people who wanted to make a permanent change in their lives.

I sincerely believe that the Shaklee products and receiving the tremendous support from my "Shaklee Family" has given me new hope, new direction, and the willingness to share my story with others so that they may have an opportunity to fight their particular illnesses.

My faith in God and the direction he has given me has brought a deeper love and understanding of His amazing and never ending Grace.

Make the first step, if you haven't already done so, and FIGHT!

Speak to a Shaklee representative, many who have their own life changing story! We're all one huge loving and caring family. This isn't just a business, it's a way of life to help other people get healthy and stay healthy!

May God Bless you as you begin your own new life!

Harry Storms

Romans 12:12 – Be joyful in hope, Patient in affliction, and Faithful in prayer!

Prostate Cancer July 26, 2011

From Linda and Lowell Dietz = Debbie Garrison's Team Leaders in Shaklee since 1985

Lowell had a growth on his prostate gland and went through a similar experience with the doctor and oncologist--with one big difference. He decided NOT to get the biopsy. Instead he opted to have the doctor check for changes in size, etc. every 6 months--for 2 years.

He also took 2 tsp. Vivix a day--along with the other supplements--and an almost vegetarian diet--with wild salmon and organically raised chicken and buffalo being the only other difference.

There were changes taking place--and his PSA level had risen and now is really low as well---also there is no more abnormal growth on his prostate gland.

Many doctors feel today that when biopsies of the prostate gland became the "routine" procedure to do in any case---the incidence of fast growing prostate cancer took off. When so many needles are inserted--lots of oxygen is too--and cancer cells love oxygen. Lowell decided that he didn't want that--we are glad--and so is his doctor. We thank God and Shaklee every day.

Red Rice Yeast

Information provided by Shaklee Scientists in 2008

"One of the components of red rice yeast is lovastatin, a statin drug used to control cholesterol.

Lovastatin is a drug with potentially serious side effects.

We do not recommend taking unregulated drugs like lovastatin, which should be in a prescribed dosage from a medical doctor who can tailor the dosage and provide follow-up (including blood tests to look for signs of muscle or liver damage.) **to minimize the risk of side effects.**

Shaklee **Cholesterol Reduction Complex**, on the other hand, is formulated with ingredients shown in clinical studies to support normal cholesterol levels.

SHAKLEE Field Communications"

Cholesterol Reduction Complex and Omegaguard: Fantastic Results **About Ruth Barnes from Bob Ferguson, 2010**

Here is a truly remarkable story from Nedra Sahr. M.S., C.N.S. about her Shaklee upline and terrific leader in our organization, Ruth Barnes. Many thanks to Nedra for her Shaklee leadership, great knowledge, and writing ability! Bob Ferguson

Healthy News Worth Shouting About! From Bob Ferguson

Ruth Barnes, our upline mentor and dear friend, got a quadruple genetic whammy from her parents and grandparents. Her father died of a heart attack at age 60, and her mother struggled with angina all her adult life. Ruth never knew any grandparents- they all died young of heart disease. Ruth was aware of her genetic risk and has pursued a healthy diet and Shaklee supplement program for years.

Her cardiologists have told her that her pro-active strategies have definitely kept her alive. Four years ago, she had to have 4 stents put in 2 arteries after a triple-by-pass did not work as well as they had hoped. Even after this, Ruth's ejection fraction measure- the measure of blood pumped out of the ventricles with each heart beat was in the 35% range. Healthy levels are 55-75%. She increased her **Omega Guard** from 6 to 12 per day. Many of you would say, "Isn't that dangerous- isn't she overdosing"?

Quite the opposite...Her ejection fraction measurement in July of this year was 76%. Her cardiologist was truly impressed and very supportive of her supplement routine.

Ruth gave him even more reason to be impressed this week when she had her cholesterol levels checked. She has been on **Cholesterol Reduction Complex** since late August. Her **LDL cholesterol levels dropped a whopping 14.9% with a 15% increase in the HDL's.**

Her cardiologist felt that her HDL increase was the most impressive. He said, "I haven't seen anyone increase their HDL levels to this degree...ever."

Remember: the main function of HDL's = to soak up excess cholesterol from the walls of the blood vessels and transport them to the liver where they are broken down and then moved to the intestines where they are bound with bile and removed from the body.

There is a corollary function of **Cholesterol Reduction Complex** - it has to do with the LDL cholesterol. **Ruth's LDL levels dropped because the sterols and stanols in the Cholesterol Reduction Complex keep the cholesterol in the intestines so they are bound with bile from the liver and removed from the body.**

Ruth is so excited she said she'd like to go out on the street and shout the good news. Perhaps we can help!

Do you know someone who has high levels of cholesterol?

Would you be willing to speak with them? Whether they are not taking any medications or they are on cholesterol medications, they simply take 2 CR Complex with two meals each day. Then get their results checked in 3 months.

Wouldn't it be wonderful if they could work with their doctor to reduce their medications after lowering their cholesterol levels? And wouldn't you feel good knowing you helped someone to better health?

Nedra Sahr's note: Could Ruth have gotten these results with supplements from the drug store or big box store? I think not.

Remember the article in our July newsletter that told of **an environmental agency suing ten distributors of Omega-3 fish oils because their labels said pure and safe while the contents of the fish oil capsules showed high levels of PCB's?**

I'm certain there are other supplement companies who are advertising cholesterol lowering medications as well. Are they safe?

There are supplement companies and then there is Shaklee...

- 350 tests on every new raw ingredient—
- over 80,000 quality tests a year on our supplements.

Who else does this?

Check out the Brand X company the next time you consider switching brands. Call the company and ask how many tests their company does on the raw ingredients for their supplements. Then ask if they test during manufacture and again after the product is complete.

The company reps may well tell you that is excessive testing. My answer is- it's not excessive...It's **the Shaklee way** of keeping us safe.

Cholesterol Reduction Complex Testimony

The holiday season is here and we are thankful for all of our faithful customers who have continued to value the safety and high quality of the Shaklee products even during this challenging economy.

As a personal note I wanted to share my testimony on the Cholesterol Reduction Complex. I have struggled with too high cholesterol for several years and never wanted to take a drug. I started taking the cholesterol reduction complex in September and just got the results of my blood lipid test. It is very exciting!!!

April test: Total C 240 HDL 85 Chol/HDL 2.82 LDL 141 TRI 69

Nov. test: Total C 205 HDL 90 Chol/HDL 2.28 LDL 104 TRI 54

All I can say is WOW! Check out the huge drop in LDL. This is proof positive that this product works. I took 2 tablets twice a day. I finally bought a container to keep in my purse so I always had it with me. It says to take it ½ hour before eating but I usually take it just before I eat because I can't remember ½ hour before. Can anyone relate?

If you are struggling with your cholesterol, I highly recommend trying Shaklee's CRC.
Margie and Jim LaRue, December, 2010

SHAKLEE CHOLESTEROL REDUCTION COMPLEX (item # 21219) is a proprietary formulation with Clinically Proven Ingredients that help prevent the absorption of Cholesterol and lowers the LDL (Bad) Cholesterol. This is a major breakthrough for the millions of Americans who are challenged with High Cholesterol.

You take 2, twice daily just before a meal.

Here is another fantastic testimony:

In July my husband's cardiologist was beginning to talk "statins" which are not even an option here because of all the side effects.....so James began taking the Cholesterol Reducton Complex in late July.

After 3.5 months or using Cholesterol Reductions Complex:

- LDL dropped from 145 to 116. •
- HDL increased from 63 to 78. •
- Ratio went from 3.5 to 1.49

His Cardiologist is amazed. James is on NO MEDICATGONS, only supplements ---- and his Doctor is wanting information about what he has been taking. Lilli Hetherington, 2010

Joint Pain and Stiffness

August 10, 2011: At the Shaklee Global Conference there were 12 people who shared their experience with the newest Shaklee product = an improved version of the Shaklee Glucosamine product named Joint Health Complex.

New ingredients make this product much more effective at decreasing joint pain. Each testimony given stated that the NEW JOINT HEALTH COMPLEX reduced their joint pain and stiffness in just 6 days. All participants in the Shaklee study of this improved product had been diagnosed with arthritis.

August 27, 2011: At a Shaklee Meeting near Gainesville, Georgia, participants in the New Joint Health Study stated that they had been using 6 Joint Health Complex a day before the NEW product was created.

They reported that taking just 2 New Joint Health Complex a day was more effective than taking 6 of the old Joint Health Complex.

Debbie Garrison

Age 37 Heart Attack: Loss of 25% heart function

Ray DeBrinkit

August 27, 2011 at a Shaklee Meeting near Gainesville, Georgia, a 70 year old man who has been in Shaklee since 1977 told us what happened to his heart after her started taking VIVIX in 2008.

He visited the cardiologist after he had been taking VIVIX for three years. Taking VIVIX was the only change that he had made during that time.

The cardiologist was astonished when his tests showed that Ray's heart was regenerating....that he had GAINED HEART FUNCTION that had been lost since he was 37 years old.

Reported by Debbie Garrison

ASTHMA Testimony

At a Shaklee EXCITE training session in Atlanta in Fall, 2009, the leader of the meeting asked for people to share their VIVIX testimonies.

A man at the table next to mine stood up and told us how his grandson had pestered him to death for at least 3 months before he finally agreed to try VIVIX.

He had been an asthmatic for over 30 years, completely dependent on a variety of medications.

After one month on VIVIX he decided he did not need his inhaler any more.

After two months on VIVIX he decided he did not need the pill he took every day.

After three months he visited his pulmonologist. The lung test showed that he had NORMAL Lung Function and that he no longer had asthma.

That was why he was so excited about Shaklee --- that is why he wanted to start his own Shaklee Business so that he could share Shaklee products with other people.

Reported by Debbie Garrison

Experiences with my C.O.P.D. customers

Debbie Garrison

Chronic Obstruction Pulmonary Disease is a serious problem that especially plagues smokers, people with severe allergies and people who have inhaled toxic substances.

Of the four people I have worked with, this is what I have witnessed:

- 1. Taking VIVIX alone does improve lung capacity**
- 2. Taking VIVIX, Vitalizer, Nutriferon and Cinch Soy Protein (RX for Life) has enabled people to get off all their medications.** Their allergic responses are also reduced in the process. **Their Doctors have told them they no longer have COPD.** Their lives have been dramatically changed for the better. **Their problem with Chronic Bronchitis is GONE.**

It takes Protein, Vitamins, Minerals and Water to create a healthy cell.

This is what I believe happens. **Vivix** does the repairing of DNA at the Cellular level, **Vitalizer** provides the vitamins and minerals needed to build healthy cells, **Nutriferon** helps to turn off the allergic response and builds the immune system, and the **Cinch Protein** is available in the blood stream just 17 minutes after you consume it.

FYI: The customers in my group who have achieved the fastest health benefits = people with lung problems.

MY JOURNEY WITH BREAST CANCER: DIAGNOSIS, TREATMENT AND THRIVING

My name is Polly Mitteer, I am a 75-year-young, a **double cancer survivor**, and I want to share my story with the intent of offering hope and encouragement to others facing the challenge of cancer.

My journey began in January of 1995 when a routine mammogram became not-so-routine by revealing changes in my left breast. Follow-up ultrasound showed a suspicious spot. Surgical biopsies were positive for hormone negative breast cancer. I had a lumpectomy and axillary node resection. The surgeon got clear margins with the lumpectomy, but there was involvement in one lymph node. Next, I had a series of six chemotherapy treatments followed by four treatments in a chemo drug study. Then I had seven weeks of daily radiation.

By December of 1995 I was finished with all treatments just in time to celebrate my 60th birthday. And boy did I celebrate! I promised I would never complain about another birthday but would embrace every single one with gratitude! It had been a long, hard year. I was sick most of the time. I lost my hair. I lost my appetite. I lost energy and sometimes hope.

Following each chemo treatment my blood counts dipped dangerously low, so that I had to have daily Neupogin shots, which I came to dread. I was hospitalized for pneumonia, but I survived. I celebrated, and I put that difficult year behind me and became a cancer survivor.

Fast forward to January of 2011. I developed significant puckering and red streaks in the same breast. These findings hurled me into a flurry of tests, including a diagnostic mammogram, breast ultrasound and breast MRI. All three studies were either negative or inconclusive.

Since we could actually see and feel the physical changes, I had a PET scan which did show activity in the left breast but thankfully, nowhere else in my body. On February 8, I had surgical biopsies. Although the surgeon took "extensive" biopsies over a wide area, she did not get a single clear specimen. The pathology report diagnosed ductal carcinoma and metastatic ductal carcinoma in one lymph node, grade 3. The surgeon described the cancer as "very diffuse," and she told my daughter, "I'm very sorry."

The cancer was triple negative, meaning that it was not hormone or HER2 sensitive. This diagnosis is fairly rare, and it generally does not respond particularly well to chemotherapy. The treatment plan was to do chemotherapy first to try to shrink the cancer enough to make surgery a viable option. If the chemo worked, they would remove the breast, including the skin (which had cancer in it as indicated by the red streaks), then radiate the surrounding tissue to try to contain any undetected cancer cells.

The oncologists and surgeon were skeptical about my ability to tolerate a full chemo regimen (I was, after all, 75 years old), but we planned 4-6 treatments as I could tolerate. I more than tolerated all six chemo treatments. I did not lose my hair or weight. I maintained good energy, had a great appetite and slept well. My blood counts never became dangerously low, so I did not have to have the dreaded daily Neupogin shots. People were routinely amazed at how well I looked and often exclaimed, "You don't look sick!" To which I replied, "I'm not sick. I just have cancer."

Throughout this time I had one complication: I developed an infection in the biopsy site which required 15 days of daily IV antibiotic treatment and a delay of my chemotherapy. Even this complication was minimal, as I never had GI upset or significant loss of energy, much to the medical team's surprise.

Following the very first chemo treatment and progressively thereafter, I experienced remarkable response. The red streaks lessened and eventually disappeared. The breast tissue softened and the puckering smoothed out. Everyone agreed that it looked like I was having a great response to the treatments. I finished chemotherapy, and on August 16 I had a left mastectomy and reconstructive Latissimus Dorsi flap (they moved a muscle from my back to my chest to provide skin with a good blood supply to close the wound). The surgeon was very pleased to report clear margins on her first sections. I tolerated the surgery extremely well and was discharged less than 24 hours later.

This time the pathology report was negative for carcinoma in ALL specimens, including a negative report for residual carcinoma in the breast mastectomy. I would like to add here that

for several months before the mastectomy I had the overwhelming feeling (and stated it several times) that they would not be able to find any cancer when they did the surgery. God is faithful! Thank you God! I am now almost three weeks post-surgery and am healing quickly and generally feel very well. I had minimal post-op pain which was controlled by oral pain medications.

I am still amazed at (and appreciative about) how different my second experience with breast cancer treatment was from my first experience 16 years earlier.

Both times I entered the journey with a positive, can-do attitude, surrounded by loving family and friends and a powerful prayer community. I had great medical teams both times, and my treatment was comparable, although not the exact same combination of drugs.

My second journey has been in no other way similar to my first. During my chemotherapy in 1995 I felt toxic, poisoned. I got sick from some foods, my hair fell out, I had significant energy loss, experienced intermittent depression, and was hospitalized for a week for pneumonia. Ultimately, I survived both the cancer and the side-effects of the treatments which helped me emerge and remain cancer-free for 15 years.

In 2011, I did not just survive the treatments, but I had very good quality of life during them and following surgery. I was not sick at any time from the chemo, lost very little hair, slept well, had a great appetite, did walking exercise and in general felt well. I took a leave of absence from my part-time job at our church preschool to avoid being around the bugs that preschool children inevitably share, but I sure missed the children and the staff. As I said earlier, when I had the biopsy-site infection, I did not have any side-effects from 15 days of IV antibiotics.

The difference in the quality of my life during two breast cancer experiences 16 years apart was both tangible and striking. With most other factors being similar, I attribute the positive differences to nutritional supplementation. For eight years I have taken Shaklee vitamins, and I believe that giving my body the nutrients it needed on a daily basis prepared me for and supported me through the challenge of cancer and cancer treatments. Perhaps it also helped prevent or delay the recurrence of this aggressive form of breast cancer, more typically seen in much younger women and typically recurring within a few years.

I am grateful for all the blessings God has bestowed on me, and I want to pass on the HOPE and help that I received. **My oncology professionals strongly urged me to stop supplementation at the beginning of my chemotherapy treatments.** They said that some supplements might interfere with the chemo's effectiveness and might even protect the cancer cells. They even said that was particularly true of Shaklee supplements, "because they work too well!"

Because they could not cite any clinical evidence to support these ideas, and since I personally knew the benefits that supplementation had given me for the past eight years, I chose to continue supplementing. Since I had such a positive unexpected response to the chemotherapy, I am convinced that nutritional supplementation was a key factor in, and did not hinder, my healing.

In addition to taking a wide range of supplements, I had cleared my home of toxic chemicals, replacing brand name household cleaners and personal care products with safe, natural products. Over eight years of personal use, I had come to trust Shaklee to provide only safe and effective products, based on solid science with clinical proof.

I am convinced that getting rid of the toxins in my environment AND feeding my cells critical nutrients on a daily basis contributed to the difference in my quality of life between my two cancer experiences. My healthy cells stayed healthy, my body made healthy new cells, and my immune system remained alert so it could work with the chemotherapy to attack the cancer cells, ultimately eradicating them.

If you or someone you love is facing a cancer diagnosis or treatment, I urge you/them to consider safe, natural, clinically-proven nutritional supplements as part of the overall care plan. Be proactive and get informed. Be an active member of your treatment team, because after all, it is your body and you know it better than anyone. I also strongly recommend having a positive attitude (laugh often and loudly!), a competent and caring medical team, surrounding yourself with positive family and friends, and prayer. Just do whatever it takes!

I write this in the love of God. Life is Good!

Polly Mitteer

Independent Shaklee Distributor and Two-Time Cancer Thriver (not just survivor!)

P.S. For those who want to know specifically what I used (and continue to use), I have listed those below. I used Dr. Steve Chaney's suggestions as a general guideline for which supplements to take and when to take them in relation to the chemotherapy treatments.

Shaklee supplements that I took during chemotherapy (following Dr. Steve Chaney's suggestions) and take daily now include:

- Vivix
- **Nutriferon**
- **Vitalizer Gold**
- **Cinch, Energizing Soy Protein and/or Physique** (Physique was also a key factor in controlling post-op pain)
- Vita-D3
- Performance (for hydration) was also very helpful, and I always sipped it in the chemo chair, sometimes adding a packet of Pomegranate Energy Tea for an extra boost.

Frequent (but not necessarily daily) supplements include:

- Lecithin
- CoQHeart (CoQ10 is now included in Vitalizer Gold!)
- OmegaGuard
- Osteomatrix

Other Shaklee supplements I take:

- **Cholesterol Reduction Complex** (daily)
- Alfalfa (symptomatically for allergy symptoms)

Keeping my home and my body as toxin-free as possible --- means that I use only Shaklee Get Clean household cleaners and all Shaklee safe, natural personal care products.

RX for Life Products. Dementia, and Head Injuries

On October 5, 2011, someone on Team 21 requested information about Shaklee Supplements required to help someone recover from a **Concussion**.

Linda Dietz (my team leader in Shaklee) responded by saying how important it was to FEED the brain with Cinch, Vivix, Vitalizer and Nutriferon (the RX for a Healthier Life product group).

Brain injuries require lots of good nutrition and supplements so the cells receive the quality nutrient they need to heal.

If the brain does not receive the extra nutritional support it needs during the injury/healing process, the injury will continue to spread over time. **Vivix does the repairing, Vitalizer, Cinch and Nutriferon feed the cells and help create more healthy cells.**

Linda and her husband Lowell have worked with quite a few professional athletes who have suffered head injuries during their careers. Linda and Lowell report that they started working with them when signs of **dementia** began when they were in their early 40's. **They have had amazing recoveries using all of the RX for Life products (Cinch VIVIX, Vitalizer, Nutriferon).** Their **dementia symptoms disappeared.**

Linda Dietz

October 5, 2011

Aneurysm Testimonies From Terri Norsworthy September 10, 2011

"We have a great story about healing via Shaklee Products...thought you might want to pass it along..."

My husband had an **aneurysm burst** in his brain and had very evasive surgery in 2002. He was very mentally and physically disabled for the next two years. The Doctors said he could not improve any more than he had after 2 years.

A friend introduced us to Shaklee.....

1. We took all the toxic products out of our home and Shaklee-ized our home!
2. We did a body cleanse using Shaklee products for 5 days before introducing our self to any nutritional supplements. This cleansed our body's filters!
3. We had to start him off slow because the full "basic strips" knocked him out of kilter
4. He took just the Vita-Lea for the first 3-4 weeks. Then one week at a time we added the others in the **Vitalizer strip**. He did take the **Energizing Protein drink** every day from day one.

5. It took about 4 months before we really could tell any difference, but after the 4th month he could smile again and began to remember my name. He had been in the recliner for over 2 years and had been sleeping 15-18 hours a day.
6. After about a year....he was back to doing yard work, cooking, shopping and regained a lot of his energy back.
7. He still had "short term memory loss" and he has good days and bad days. But overall he is completely taking care of himself, and I have my husband back!!

Today he takes the **Rx for Healthy Life** (Vitalizer, **Vivix, Nutriferon and Cinch Shakes**) and OmegaGuard, and a few other miscellaneous items.

He still requires his 8-9 hours of rest and only has to take one medication = for his blood pressure.

He had **two aneurysms that they could not operate on**, one in his head behind his right eye and the other on the aorta by his heart.

Earlier this year he took two different tests to find out if they had enlarged or not.....neither test revealed aneurysms!!!!

After August, 2008, the only thing we added to his daily intake was VIVIX.

We believe it was the Vivix that reversed the aneurysms. It works at the cellular level and improves each new cell when it duplicates itself....

Hugs,

Teri Norsworthy

Life is short... forgive quickly, love truly, laugh uncontrollably...and never regret anything that made you smile.

"We don't knowingly choose disease, but we do choose diet & lifestyles that lead to disease."

There is only one Disease = Malfunctioning Cells & two causes for malfunctioning cells:

1.Toxicity

2. Nutrient Deficiency

This explains why Vivix is so Good!"