



Dear Friend,

Welcome, and thank you for your interest in Shaklee.

I believe Shaklee products—and the quality and science behind them—are unmatched in the industry—and I would like to share why I believe this. I chose a career in medicine because I believe in health. I firmly believe that people can take control of their future health by virtue of their choices today, and my 16 years as a practicing family physician led me to believe even more strongly that prevention is where the future of medicine must go. Research confirms that nutrition, weight control, and wise supplementation can powerfully impact your vitality today and your health in the future.

My passion lies in informing and inspiring people about the diet and lifestyle choices they can make that will help them feel better today and in the future. Ten years ago I decided to devote full-time energy to this pursuit, and since then I've spoken to hundreds of thousands of people in 45 countries. I've met people who are excited about prevention and excited about achieving and maintaining optimum health. I find it amazingly rewarding!

I joined Shaklee in 2005 because I saw a company that really cared about doing the right thing—no matter what the cost. Shaklee is truly committed to providing products based upon solid science, relevant to people's health, contain the highest quality ingredients and manufacturing standards— plus, Shaklee chooses to NOT use artificial flavors or sweeteners! Shaklee not only was a perfect fit for my personal philosophy, but had the quality standards that I could stand by unequivocally. And while many other companies don't publish any studies, Shaklee has over 100 scientific publications, including over 90 that are published in peer-reviewed journals—the “gold standard” of scientific research.

My Health Sciences team is charged with clinical research, claims substantiation, and education. And we continue to pursue research collaborations with some of the top universities and research organizations in the country.

What really makes this company stand apart from the rest? It begins with the products:

1. Each product is designed to provide a specific, important health benefit—usually more than one benefit.
2. Each product is formulated with nutritional ingredients that have been extensively studied to confirm safety and efficacy. Our products do not follow trends, but incorporate scientific and/or epidemiologic evidence of need and benefit.
3. All ingredients must be acceptable from the standpoint of the Shaklee philosophy, as well as detailed scrutiny as to their safety. We do not simply accept the Certificate of Analysis that many other companies accept, but rather retest for contaminants—including lead and heavy metals, pesticides, and more—to confirm the Certificate of Analysis is accurate. Shaklee has an unwavering commitment to avoid the use of artificial flavors, sweeteners, and added preservatives. We use only non-genetically modified soy protein.

(continued on pg. 2)

(continued from pg. 1)

4. Shaklee employs advanced delivery systems to enhance bioavailability—and these systems are tested to confirm their nutrient delivery advantages!
5. Manufacturers are also carefully chosen. Not just any company can qualify to manufacture Shaklee products. Shaklee has, for many years, followed the standards for manufacturing that are now referred to as Good Manufacturing Practices (GMPs)
6. Shaklee Quality Assurance routinely visits manufacturers to confirm that our quality standards are being upheld—and our onsite lab in Hayward does additional quality control testing.
7. Ongoing proof of our product performance is demonstrated by:
  - Over 100 scientific publications, 90-plus in peer-reviewed journals
  - Shaklee products powering medal-winning athletes for 30-plus years
  - Shaklee products fueling world explorers, including a special rehydration product (called Astro-Ade) that has been made for NASA Shuttle astronauts since 1993
  - 50 years of providing nontoxic household cleaning choices—that truly perform!
  - A growing group of health care professionals who recommend Shaklee products to their patients
  - Amazing health stories regarding health benefits from our products sent to me every day!

I am thrilled to be partners with our Shaklee Independent Distributors and Members who help spread the information about health and wellness. I firmly believe that we can redefine wellness in the coming years. Along with exercise and eating a diet rich in fruits, vegetables, and whole grains, to be optimally healthy means including appropriate dietary supplements and weight management products so that you can have the confidence of knowing that you're doing all that you can do to stay healthy today and tomorrow! So many people are waiting to hear from us—and together, I am certain that we CAN make a big difference in the health of the world.

Be well,



Dr. Jamie McManus, M.D., FAAFP  
Chairman, Medical Affairs, Health Sciences & Education