

A recent clinical study in collaboration with the University of California Berkeley School of Public Health shows that people who used Shaklee supplements had markedly better health than both other multivitamin users and those who used no supplements.

Here are the facts:

- 1 - This clinical study compared 3 groups of people
- 2 - Shaklee group used supplements for at least 20 years
- 3 - All 3 groups average ages in the 50's and 60's with the Shaklee group being the oldest

Medical Bio-markers (ideal range)	Used <u>no</u> supplements	Used <u>other</u> supplements	SHAKLEE Users
Health Assessment Questionnaire "I feel great!" Higher the Better	49.10%	55.69%	84.20%
Diabetes** Lower the Better	8.50%	11.10%	2.90%
Heart Attacks Lower the Better	4.40%	7.60%	2.50%
Congestive Heart Failure Lower the Better	3.50%	2.80%	1.40%
Stroke Lower the Better	2.50%	2.60%	1.80%
Emphysema Lower the Better	2.30%	1.80%	1.10%
Coronary Heart Disease Lower the Better	5.60%	7.10%	5.00%
Triglycerides (150 or lower) Lower the Better	180.1	145.3	121
HDL (50 and over) Higher the Better	50.9	53.3	57.5
C-reactive Protein (3.0 or under) marker for inflammation Lower the Better	4.6	3.2	1.9
Homocysteine Levels (10 or under) marker for heart disease Lower the Better	9.6	9.5	6.1

**For example: "Shaklee users" had 2.9 cases of diabetes per 100 people whereas "single multivitamin users" had 11.1 cases of diabetes per 100 people

"The study results were very impressive and support the potential benefits of long-term use of dietary supplements."

Gladys Block, Ph.D.
renowned nutrition researcher and
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